

THE Horsford News

August 2019 Issue 162



News, Views and Information
for the Parish of Horsford

SESMA

Building Confidence in Children Since 1989

South Eastern
School of
Martial Arts

Free Intro Class

Karate Kickboxing or Kung Fu

Classes available for ages 4yrs & above

Master Instructor

Karate World Champion

Great Britain Coach

Specially Equipped Studio

**Anti-Bullying and
Confidence Building**

Open 6 days a week



01603 528689

www.sesma.co.uk





THE Horsford News

thehorsfordnews@btinternet.com



Your news and views, your stories and letters,
local information and local businesses for the Parish of Horsford

ADVERTISING STYLES AND PRICING

Style	Dimensions	Price – per year (4 issues)
Eighth Page (Landscape)	90mm wide x 65mm deep	£80
Quarter Page (Portrait)	90mm wide x 135mm deep	£120
Quarter Banner (Landscape)	190mm wide x 65mm deep	£120
Half Page (Landscape)	190mm wide x 135mm deep	£180
Full Page (Portrait)	190mm wide x 277mm deep	£320

Artwork

Adverts can be received in various software formats and the Editor will make every effort to accommodate these. Adverts not received in the dimensions above or where a change to an advert has been requested – this may incur an artwork charge of £15 at the discretion of the editor.

If creation of a brand new advert is needed – these can be created from £15.

Anyone wishing to advertise please telephone the Editor on 891902

EDITORIAL

Schools out again– and Summer is here – I looked back at last year’s editorial this time last year and at the time of writing we had been in the midst of a heatwave. Although we have not had a heatwave this year there are clear signs that the barbeque season is upon us.

For any readers that are interested in sport, we have certainly been spoilt this summer. I’ve had to put up with my husband shouting at TV – this time seeing the Lionesses unfortunately miss out on World Cup Glory – but weren’t they awesome. Women’s football is well and truly on the map and this should see young women in Grassroots football aspire to great things and hopefully future success.

Also – did anyone watch the cricket World Cup? Who said cricket was boring? Yet another thing for our youngsters to aspire to do.

When I write the editorial – I obviously try to find out about the types of things going on in the village. I try to focus on the positives even though I’m aware of the issues that frustrate some residents. There are clearly those that do genuinely care about Horsford and dedicate lots of time and effort to make it a great place to live and you get to see the community spirit. Village Vibes was once again a well-deserved success. These events are reliant on volunteers giving up their time to make them such a success and also to raise funds for good causes. Rachel Margitson and the Horsford Rainbows have been doing some great work to raise a considerable amount donating to ‘Ambers Army’. I’ve been asked and am happy to raise awareness of Amber’s plight. Amber is a very special and brave little girl who is just 5yrs old and currently battling against a brain tumour.

Although the tumour itself has been removed, she is now about to undergo extensive radiotherapy and Chemotherapy and money is being raised to help ensure successful treatment and recovery. If you would like to read Ambers story and donate please go to <https://www.gofundme.com/f/q794u-ambers-army> All donations big or small are appreciated.

Other events in the village planned. The Social club is planning a Wrestling night to raise money for the football club and also ‘Ambers Army’. I hope this reaches you on time as it’s on the 3rd August but have been told that it’s a great laugh – and of course - for good causes. Tickets are £10 for Adults and £5 for children and the Social club can be contacted for details.

For the last few years The Horsford News has been privileged to receive short stories from Michael C in the form of Wildlife whispers. Michael has contacted me to say he is going to take a little break from his fantastic stories. I would like to thank Michael for providing these over the last few years and I look forward to receiving them again if you feel you want to reinstate them, I for one will miss them. If there any other budding story writers out there that would like send something in. Please do!

Finally – please keep the content coming. The magazine is here to share News views and information across our Parish. This can include anything - a letter, a story, a gripe or anything else that they wish to share with the village – do just let me know.

Lisa Starling
Editor

HORSFORD PARISH COUNCIL

<http://horsfordpc.norfolkparishes.gov.uk>

Clerk to the Council - **J.R.Graves C.Eng. DMS M.I.E.T. A.C.M.I.**

Tel. / Fax 01603 898621
Mobile 07889 733392
e-mail parishcouncil@jimgravesltd.co.uk

3 Lawn Close
Horsford
Norwich NR10 3DJ

NEWS FROM THE COUNCIL

The Parish Council decided not to grant aid the planned toilets on the recreation ground. This was not to dismiss the idea but to ensure value for money and to look at alternative proposals including a more permanent structure rather than a "portakabin" solution. An architect will meet a sub-committee on site and draw up proposals.

The allotments were inspected in late June and were found to be generally in good order. There are a few vacant plots and interested residents should contact the Clerk. The judging party awarded the "Best Kept Allotment" trophy to Ray Berrisford with Keith Ruddock placed second and Dennis Keeler third.

The Council had applied for the Primary School (Holt Rd. site) to be listed as an asset of community value but this has been refused. An ACV order comes into force if the property is to be sold giving the Council an opportunity for six months to purchase if it feels appropriate. Further applications relating to the Church Room and Church Field are under consideration by Broadland DC who make the decision.

The stopping up of Drayton Lane means that this is now a popular route for dog walkers. This, and the adjacent land being developed, has led to the Council deciding to install an additional dog bin at the western end.

The Council were concerned to learn that the original design for a "bus gate" between the Butterfly Mill and Kingfisher Meadow developments will now consist of a CCTV system to ensure that only public service and emergency vehicles can use this link. The Council have been assured that NCC are already using this technology elsewhere. All vehicles entitled to use the link are on the CCTV database and the cameras using number plate recognition will monitor the site 24/7 and report any unauthorized vehicles leading to the appropriate sanctions.

Following the un-contested election in May, the Council has co-opted Virginia Sokalsky and Angela Makinson. All new councilors have completed an appropriate training course.

Members of the Council :-

Gary Branch - gary.branch@live.co.uk

Chris Brown (Chairman) - angliancarpets@angliancarpetsltd.co.uk

Kathryn Clarke - norwichdollshouses@gmail.com

Derek Jacks - derekjacks76@tiscali.co.uk

Katrina Johnson - hamina@btconnect.com

Joanne Keeler - joannekeeler@talktalk.net

Sandra Lombard - sandralumbard@outlook.com

Angela Makinson - angelamakinson@gmail.com

Adrian Scott (Vice-Chair) - adrianpscott@btconnect.com

Deborah Scott - debscottt@gmail.com

Virginia Sokalsky - virginia.sokalsky@gmail.com

Jim Graves – Clerk to the Council
898621 horsfordpc@gmail.com

HORSFORD PARISH COUNCIL

We have a new Parish Council in the village led by a new Chairman, Chris Brown. Here are photos of some of the Councillors who have remained on the Parish Council along with photos and information about the new Parish Councillors. There is more information on the Parish Council Website www.horsfordpc.info the Horsford Parish Council Facebook page as well as on the Horsford Parish Council page in this magazine.

Chris Brown - Chairman



Chris was born in Norwich moving to Horsford in 1986. He became a Parish Councillor to try and give something back to the village, to make improvements and generally listen to the Parishioners' concerns. He has been on the Parish Council for about 12 years. Chris is MD of Anglian Carpets Ltd and he tries to adapt his business skills for the benefit of the Parish Council. He is keen on improving the facilities in Horsford for all ages, e.g. Play Equipment, Village Hall and traffic calming. Chris is Chair of the Village Hall Management Committee and he is a member of the Safer Neighbourhood Action Panel and Chairman of the Parish Council Business Action Plan group. He enjoys carp fishing and likes to watch football and other sports.

Adrian Scott - Vice Chairman



Adrian was born and bred in the village and he is Sales Director of a family run joinery company in the village. He was the Chairman of the Neighbourhood Plan Steering Group and joined the Parish Council in 2017. He wanted to follow through with the ethos and projects of the Neighbourhood Plan. Adrian has always wanted to help other people and he does not just sit on a committee but takes part and gets things done. He wants to help the Parish Council be proactive and be a positive influence on the community and to promote the good work that came out of the

Neighbourhood Plan and make Horsford a better place to live, work and play. In the past he has been a School Governor and a member of Horsford Players. He was a Scout Leader for many years and likes to get involved in helping young people learn life skills and build up their self-confidence. He was the organiser of the last Horsford Carnival, when the village raised money for several local organisations and he was the driving force behind the recent play improvements to the Village Playing field. He is Vice Chairman of the Business Action Plan Group and Chairman of the Project Team working on the Youth Engagement Project for the village.

Kathy Clarke



Kathy was born in Gorleston to a Norfolk family, and has lived in Horsford for 46 years where her children went to the village school. She decided to be a Parish Councillor because she wanted to use her experience of commerce and management to serve our community and help to preserve Horsford as a flourishing, independent village. She has been a Parish Councillor for the past six years. Kathy successfully ran a florist business in Norwich for 31 years, during which time she served on various steering groups and trading committees. She has found the business and organisational skills required to run a small business extremely useful when applied to Parish Council work. Kathy is the Horsford member of The Airport Consultative Committee, which is a government committee to liaise between the airport and the local community. She was a member of the Horsford Neighbourhood Plan steering group. She is on the Parish Council Business Action Plan group to research and implement the projects identified in the Neighbourhood Plan. She was on the sub-committee to revamp the playing field and particularly sourcing equipment suitable for less able children and she is on the allotment committee. Kathy's profession and hobby is floristry, hopefully useful if we can enhance the green spaces in the village. She is interested in village history and historical buildings and makes wooden period dolls houses.

Jim Graves – Clerk to the Parish Council



Jim was brought up in southwest Norfolk and attended Thetford Grammar School. On leaving school he joined Laurence Scott and Electromotors Ltd. where he undertook his engineering studies and qualified as a Chartered Engineer. Following several years in a middle management role, he joined the board of East Coast Plastics Ltd. in North Walsham as Works Director. In 1986, he joined the NHS as Energy Manager for the Norwich Health Authority and after leaving in 1995 continued to work for the NHS as an external consultant. He is married to Shirley

with two adult sons and they have lived in Horsford since 1970. Jim served for 24 years as a member of the Parish Council, the last four as Vice-Chairman. He became Clerk to the Parish Council in 1999 and was awarded a Certificate in Local Council Administration in 2005 (The first in the Broadland DC area). He has been a member of the Society of Local Council Clerks since his appointment and has served on the Norfolk Branch executive committee for the past sixteen years. As for hobbies, Jim enjoys bowls in the summer months and served for 24 years on the committee of Horsford Bowls Club where he is currently President and for many years he has been a season ticket holder at Norwich City Football Club.

Derek Jacks



Derek has lived in Horsford all his life. His parents and grandparents also lived in the village. He went to both of the Horsford schools and the village has always been a big part of his life. The majority of his work as a window cleaner is based in Horsford, so he gets to hear a lot of thoughts and ideas the residents have on the village. He has recently become the Chairman of the Social Club and he is trying to do a lot of fundraising for all age groups in the village, i.e. pre school, Rainbows and more. After all the little ones are the future of the village and the older people are our heritage. He wanted to be a Parish Councillor because, after 43 years

of living and working in Horsford, he thought it was time to put something back into the village he loves.

Katrina Johnson



Katrina grew up in Cringleford, a village located south of Norwich and attended Notre Dame High School for girls. On leaving school she went to Aylesbury College of Further Education and studied an HND in Business Studies. She moved to Horsford from Swannington in 1993, with her husband Graham and their son and daughter. In 1986, they took over the family business. She was financial director and following a period of expansion, operated four retail shops employing over 38 staff. In 2002 the business was sold, and the following year they started a new business. After a successful period of growth, this was sold in 2012. Having been a resident of Horsford for over 25 years, in 2016 she was asked to join the Steering Group to help produce the Horsford Neighbourhood Plan which the village adopted in July 2018. During this time she met with many people at the various consultations that were undertaken, which helped her understand the passion and values upheld by the Parishioners with regard to issues affecting Horsford. She also holds these same values as a hard working individual endeavouring to support the Parish in looking at new strategies, policies and projects, both as a Parish Councillor and a member of the Business Action Plan Group.

Sandra Lumbard



Sandra moved to Norfolk in 1986 from Maidstone, Kent. She bought Gt Witchingham Post Office which she ran for 13 years. Having left the Post Office, she worked in an office for 11 years. She left due to ill health, and started doing lots of charity work. She moved to Horsford three years ago. She has three children, two stepchildren and seven grandchildren. Two of her children live in Horsford and two of her grandsons attend Horsford schools. She is a keen environmentalist, currently organising recycling bins in Horsford for

crisp packets, pet food sachets and several other items - great for the environment and it will raise funds for Hallswood Animal Sanctuary. She fosters dogs for Protecting Preloved Border Collies and cats from Hallswood. She has her own two rescue dogs and five rescue rabbits. She's a keen walker, climber and fundraiser taking part in Trek China, Trek Peru, Trek Namibia and climbed Kilimanjaro then cycled across Rajasthan all for Cancer Research UK. She volunteers for PACT and cycled from London to Paris and climbed the highest mountain in Ethiopia to raise money for PACT. She is passionate about Africa and has done a month volunteering at an AIDS outreach post in Kenya, three weeks teaching in Ghana and three weeks teaching in Uganda. When she has time she's a keen gardener and she also does patchwork! She hopes to bring to the Parish Council openness and fairness, which she thinks Horsford needs, and she supports change. She believes the village has people of all ages and abilities and that we need facilities for them all - the loneliness and isolation of the elderly is as important as stimulating the children.

Angela Makinson



Angela has lived in Horsford for nearly five years. She has been something of a nomad all her life finally putting her roots down firmly in the village. She worked for a leading global accounting firm from 1983 until it imploded in 2002 when 68,000 people globally were made redundant and she was one of them. She started as an Assistant Office Manager in the Audit Practice, ending up as a member of the Global Technology Management Team, spending 85% of her time on a plane travelling around the world as a relationship manager. In 2003, she started training as a Counsellor, specialising in Counselling for Carers, and graduating in 2006. She spent seven years going backwards and forwards to the North West coast of Sardinia, until she moved to the Horsford in 2014. She volunteered with Norfolk Carers' support, setting up a Counselling Service, specifically for Carers, which continued until 2017. She was part of the Horsford Neighbourhood Plan Steering Group and subsequently the Business Action Plan Group working on policies and projects out of the Neighbourhood Plan and she is currently working on the project to bring a Youth Group into the village for 11-16 year olds. She wants to bring her business and management skills to the Parish

Council and do all she can to put the Parishioners' needs and views at the forefront of our thinking and actions.

Deb Scott



Deb's family have been in the village over 200 years. She went to both Horsford Schools and then Hellesdon High School, during this time doing Boys Brigade and Brownies. She has worked in both the Horsford Bakery and Horsford Co-op, and is now working on the outskirts of Norwich in an Engineering Company in the role of Business Assurance Facilitator. This involves the development of training and educational needs for all employees, supporting HR duties, including ensuring all policies and procedures are adhered to throughout the Company and assisting with reinforcing health and safety. In her role as a Parish Councillor, she would like to add some youth and enthusiasm to the team, ensuring the changes Horsford is going through are beneficial for all.

Virginia Sokalsky



Virginia was born in Horsford, attended the village school and lived here all her life apart for five years when she was first married and lived with Danny in New York. They returned to Horsford to raise their family. She became a Parish Councillor in 2015. Virginia worked for Norfolk County Council for twenty years in the Highways section. She understands how local government works and which department within the three levels of local government is responsible for what. On the Parish Council she enjoys helping to drive forward various projects, particularly those identified in the Neighbourhood Plan which is very special to her. Also important is the money from development to help the village. She wants to ensure that people receive the infrastructure that large scale development needs. As development happens she wants planning applications to comply with the policies the people of Horsford have written

Other members of the Parish Council are Gary Branch and Joanne Keeler.

BUSINESS ACTION PLAN GROUP

The following is an update on some of the projects underway:

Holt Road Pedestrian Crossings

Work has started on a project looking at the feasibility of additional pedestrian crossings on the Holt Road.

Public Toilet Project

This project was discussed at the May Horsford Parish Council meeting, when a suggestion was made that consideration should be given to a more permanent brick built building. An architect has been appointed to visit site and draw up an initial sketch proposal for consideration.

Horsford Youth Group Project

A small group of young people have been working with the Project Team to develop a questionnaire which has been circulated to Horsford students by both Hellesdon and Taverham High Schools. The response was just over 50% of the questionnaires sent out and of those responses, 26 students said Yes to having a Youth Group in the Village and 32 students said No. However we have since received feedback that some young people at both schools did not receive the questionnaire. Our team of young people are now working on activities they would like to see for 12-16 year olds over the summer holidays to promote further interest in the Group.

Roundabout Planting

The Planting Licence has now been received. Seasonal planting to take place in August/September time frame.

This article has been written by the Communications Group, part of the Business Action Plan Group

HORSFORD PRIMARY SCHOOL

Nebula Federation

The Nebula Cricket event took place again this year, with children in Years 3 and 4 selected to represent our school in this event. There are lots of different skills needed to play cricket, and they all showed great resilience and team work playing against the other schools in the Nebula.

Formula Goblin kit car

This year Mr Patient took over the reins of the Formula Goblin kit car from Miss Blyth. Throughout

the spring and summer term he ran an after school club with children from Years 5 and 6 where they spent time building the car and learning how to drive it. On Friday 7th June, Mr Patient and his team took their Goblin to Scottow Enterprise Park to take part in a Greenpower race event against other schools around the region, including our Nebula schools. They all had a wonderful day showcasing their talents.

Horsford Church of England VA Primary School

The summer term is always an exciting one, with Year 2 most recently taking part in their residential trip to How Hill. They spent three days around the beauty of the Norfolk Broads, learning about different habitats, food chains and even trying their hand at thatching a roof! They are not the only children to have an exciting time out of school as Years 5 and 6 spent the day in London, visiting the British Museum as part of their Egyptian topic. They went to look at the museum's collection of artefacts from Ancient Egypt. The children saw mummies, tomb paintings, items found in tombs, the Rosetta Stone and much more! This is the biggest collection of Ancient Egyptian artefacts in the UK.

Some of the other opportunities that children at Horsford Primary have had involve attending different sporting events. Mill Lane's Street Dance after school club performed their dance routine to Revolting Children from Matilda at the Norwich Puppet Theatre alongside our other Nebula schools. It was a wonderful opportunity for the children to perform in front of a live audience with proper stage and lighting effects. Some of our KS2 pupils took part in the annual City Sports athletics event earlier this term. Our children performed brilliantly receiving 2nd place in the Y6 girls throwing, 1st place in the Y3 boys 50m sprint, 4th place in the Y6 boys' 800m race and two 3rd places for the Y3 and Y4 boys' relay races. It was a great few days competing against around 30 other Norwich schools and it culminated in us winning first place for the small schools cup too. Reception also took part in their first multi-skills event with other local schools at Hellesdon High School. The children practised aim, balance, teamwork, scoring, and moving in different ways in a range of sports activities across the morning. As always, it was a well organised event and the children enjoyed taking part.

During the summer term we were lucky enough to have a visit from Mr Zaccias Chaiwalika, one of the teachers from our partner school in Malawi. He worked across both sites learning about the techniques that we use for teaching and, in return, showed our children some traditional songs and dances. Some of the older children were

taught words and phrases in his local language of Chichewan. A few of our Year 6 pupils joined children from 10 other schools at the Mili Bwanji Festival where they were immersed in lots of learning about renewable energy, life in Malawi and traditional singing and dancing. We very much hope that this link can continue for many years to come.

PTA

The sponsored Book Bounce returned this summer and was an excellent fundraiser, raising nearly £2000. The children had to see how many times they could jump over a bench in a minute. Those who did the most jumps won a ticket to a trampoline park and those who raised the most money won a tour of Carrow Road. The money the PTA raises goes towards things like: a merit prize for every child, an end of year trip for the children in the house which gets the most house points, books and reading areas around school as well as helping to run and maintain our two minibuses. The money the PTA raises makes a real difference to the children so keep an eye out on the school website for PTA events and come and support us when you can.

HORSFORD PRE-SCHOOL

Hello from everyone from Horsford Pre-School!

Wow, what an amazing term we are having! We have all been super busy here at the Pre-School and here's what we have been up to.

Firstly, we are excited to say that our new outside area is now complete and in use every day! The children love having this available to them as a 'free-flow' facility and have made the most of the recent good weather we are experiencing. We'd like to thank all of the organisations and companies who were involved in both the donations and building of the area (Horsford Parish Council, VHMC, Horsford Social Club, High 12, David Wilson Homes, Aviva and Zak Branch). The children are extremely grateful! This also benefits the whole community by enhancing the facilities at the Village Hall for all users.

Towards the beginning of the term, we had two exciting visitors come and see us; a police lady and a paramedic. They spoke to the children about their jobs and let them try on different types of uniform.

We've also had a couple of smaller visitors too, including a turtle and some tadpoles! We've all enjoyed watching these creatures throughout the day and spent lots of time asking questions all about them.

Next term sees the appointment of our new

Chairperson Jayne and Treasurer Emily, who are currently working alongside our current committee to learn about their roles. This means that we are going to be saying a sad farewell to our current Chairperson Marie and Treasurer Emma. Both of these ladies have been a great asset to Pre-School and will be greatly missed by all. If being a part of our committee is of interest to you, please feel free to either call or email us, we'd be happy to discuss possible opportunities with you.

Over the course of this term we have been in close communication with schools regarding the older children moving on to 'big school' and have facilitated transition sessions to ease the process. We will be sad to see them all go but are excited to think what adventures the future holds.

We have also been undertaking lots of fundraising events too. At Easter we hosted an Easter Egg hunt in the park which was a huge success and everyone enjoyed themselves. We will definitely do this again next year! We've also made tea-towels, held a read-a-thon and sold Spree books. All monies raised from these events will ensure we are able to constantly enhance our setting.

We have recently received numerous bookings for the September term and are looking forward to welcoming lots of new families and children into our Pre-School. If you are looking for fun and exciting childcare for your child(ren), please either give us a phone call or drop us an email and we'd be happy to arrange a welcome visit for you and your child. We cater for children aged 2-4 years and accept government funding, tax free childcare plus a range of employer and voucher schemes.

Our contact details are:

Tel: 01603 890811

Email: manager@horsfordpreschool.co.uk

GIGGLETOTS

If you have children under school age then Giggletots is the place for you! Giggletots is run by early years professionals in conjunction with Horsford Pre-School. We meet every Wednesday during term time from 9-11am at Horsford Methodist Church. Each week we base our fun activities around a theme and this term we've had some great themes; hungry caterpillar, shapes, junk modelling, planting sunflowers and food week to name a few! We have messy play, crafts, interactive singing with props, cooking, role play, sensory activities and more.

The cost is £3 per family and includes healthy snacks for the children and hot drinks and biscuits/cakes for the grown ups. There's no need to book,

just turn up! This is a great way to meet other local people and form friendships that will last as our children grow up and move through Pre-School and School together.

Any questions please get in touch, we would love to see you there! Find us on facebook:
<https://www.facebook.com/HorsfordGiggletots>

HORSFORD ALL SAINTS TODDLER GROUP

This year All Saints Toddler Group opened to all pre-school children from birth to four years old and their parents and carers. We have different areas of free play – a baby corner, a home corner and a “small world” area. We have a craft table and do different crafts every week, from sweet bags for Father’s Day to animal masks and potato printing! There is a singing and story time – we like to make a lot of noise with our musical instruments! Singing is followed by snack time for the children with a healthy range of fruit, veg, savoury and sweet snacks, however drinks and biscuits are available for both parents/carers and children throughout the session.

We meet on Thursdays (except for the third Thursday of each month) in term time, from 9.30am to 11.30am in the Church Room on Holt Road. We are currently on summer holidays and will start again on Thursday 5th September. For more details please see our Facebook page – www.facebook.com/AllSaintsToddlerGroupHorsford or contact me via Facebook or on lizzieabaker@gmail.com

Lizzie Baker

HORSFORD RAINBOWS

Horsford Rainbows meet at Horsford Primary School Holt Road, Mondays during term time 4.30-5.30pm. Rainbows is for girls aged 5-7 and is part of Girlguiding.

We have had another wonderful term with the Rainbows. Our unit continues to grow and be well supported. This term we have completed various badges, had visitors and as I’m writing this we are looking forward to a trip to the Dinosaur Park tomorrow. We continue to fundraise with events such as Horsford Bake Off which was thoroughly enjoyed and raised a huge £294.75 to be shared between ourselves, Horsford Methodist Church and a small amount going to Ambers Army. As you may be aware one of our dear little Rainbows, Amber was recently diagnosed with a brain

tumour. She had a gruelling 8 hour operation at Addenbrooks Hospital and will now undergo further treatment. Ambers Army is a group set up by a family friend to raise funds to assist Ambers family with travelling costs as a stage of Ambers treatment could be held in Germany. We will be organising our own little events for Ambers Army but their wonderful family friends will be holding various different things to raise funds so please support where you can, they have some brilliant ideas so I’m sure there will be something for everyone. We send lots of love from myself and Ragan and all our little Rainbows to Amber and her family.

Dates for your diary..... We will be holding a Macmillan Coffee Morning at Horsford Methodist Church on Saturday 14th September 10am-1pm. We also have a date for our Christmas Fayre, Saturday 9th November. Times to follow. These two events are open to the Community so please come and see us.

If you have any questions regarding Rainbows please do not hesitate to contact Rachelle on 929935/07948085517 or Ragan 07766660500. Alternatively you can visit GO Girlguiding website and register your Daughter and we will be in contact. Even if they are only little we can pop them on the waiting list and be in contact as their 5th Birthday approaches to discuss further.

Wishing you all a Happy Summer.

HORSFORD AFTERNOON WI

Our Norfolk WI Centenary Celebrations continued with a Service of Thanksgiving on 12 April in Norwich Cathedral. This was a truly colourful spectacular with members from each Norfolk WI processing down the aisle of the Cathedral with their legacy banners and tablecloths followed by a stirring Address by our Federation Chairman, Margaret Collingwood. The Service of Thanksgiving was led by the Dean, the Very Revd Jane Hedges. A special centenary choir of 78 members sang music ranging from You’ve got a Friend by Carole King, to Paul Ruggier’s The Lord Bless you and Keep you. Overall it was an inspiring ceremony which underlined the very special nature of the WI.

At our April meeting, Andy Robinson introduced us to Quilting explaining how he moved from being a cardboard box designer to making quilting templates for patchwork - because no-one else did it. It was an interesting story and the templates he showed us and the patchwork they had produced were striking.

LET'S BREW THIS!

Come along to our Coffee Morning

Every penny we raise means Macmillan can help more people with cancer live life as fully as they can.

Where: **Horsford Methodist Church**

Date: **Saturday 14th September 2019** Time: **10am - 1pm**

Cakes, cuppas and cash at the ready!

WORLD'S BIGGEST COFFEE MORNING
MACMILLAN CANCER SUPPORT
RIGHT THERE WITH YOU

FR Registered with FUNDRAISING REGULATOR

Macmillan Cancer Support registered charity in England and Wales (201917), Scotland (2020907), and the Isle of Man (2019). Also operating in Northern Ireland.

Organised by **Horsford Methodist Church and Horsford Rainbows.**

giggletots

Come and join us!

Wednesday 9am-11am

Enjoy a cuppa and make new friends whilst the children play.

Themed activities, messy play, crafts, interactive song time with props, cooking, role play, sensory activities and more

No need to book and everyone is welcome!

Cost per session: £3 per family

Healthy snacks for kids and hot drinks and biscuits for grown-ups

Horsford Methodist Church
Holt Road, Horsford, NR10 3DN

Please call 01603 890811 for more information

Find us on facebook: <https://www.facebook.com/HorsfordGiggletots>

The May meeting was about Resolutions. Every year local WIs select two Resolutions to go to the NFWI Annual Meeting in June. This year two resolutions were passed - The decline in local bus services (passed with a 96% majority) and Don't fear the smear (passed with a 97% majority). These Resolutions will be the focus for new WI campaigns during the year.

In 1982 Josephine Reynolds became the first female firefighter. At our June meeting Josephine gave a fascinating talk on this extraordinary journey from trainee Firefighter to being able to drive a fire engine!

At our meetings we have time to chat over cups of tea and biscuits, competitions, raffles and sometimes bring and buy stalls. But that's not all, we go on outings - currently one is being organised to the Beth Chatto gardens near Colchester, and periodically lunches such as introducing members to the different flavours of Indian food and we always celebrate the festive season with a Christmas lunch. WI is a great way to meet people, develop creative skills and have some fun. Why not try it for yourself - no obligation to join if you'd just like to come to a meeting and see if you like

it. You will be made very welcome. Meetings are on the first Wednesday in the month, in the Village Hall from 2.15 pm. For any further information please contact either Terrie Tooos 01603 893753 or Penny Brunt 01603 897665. We look forward to seeing you soon.

HORSFORD TIDY DAY 2019

Hello Everyone, just to let you all know that Tidy Day will be on Saturday 7th September from 0830 until around 1230, when we can once again have a concentrated effort to clean up our village.

Thank you to those people that have borrowed the litter pickers over the past year to tidy areas that they have found wanting. The system is working well and must help to lessen the amount of debris that will be collected on Tidy Day. Broadland Council have now agreed to add gloves to the kit, which will help when picking up messy or wet items.

If you know of any areas that are particularly bad, please let me know beforehand so that they are highlighted on the day.

Tea, Coffee and squash etc. will be available during the morning so please come and join us at this

community event where you can see the results of your participation immediately and feel the satisfaction of a job well done. Look forward to seeing you there.

Malcolm Makins
01603891422

RECTOR'S RAMBLINGS!

I'm loving the brighter weather, the wild flowers appearing as if from nowhere, full of vibrant colour, and the hedgerows becoming full of the leaves and

fruit. Nature at its best! In the churchyard we've enjoyed the snowdrops and blue bells, daffodils and the wild flowers are appearing. It's a beautiful and peaceful place to be.

Church Project

141 people came along to the Open Garden at Horsford Hall in June. It was an amazing event with fantastic weather. The bonus of being on Radio Norfolk as part of their Treasure Hunt programme that Sunday morning was the icing on the cake. An outstanding £894 was raised towards our church repairs project.

August 2019 – The Horsford News

How do you think about money?

What influences your financial decisions? Why do you buy certain products and services but not others? I'm talking about those more important decisions that you make in life, not the weekly shop. Behavioural science is a fascinating subject, and especially so when it comes to money and financial advice.

A big influence is loss aversion – people are generally more motivated to take an action to avoid a loss than to take the same action that will result in a gain. But this can work against someone who is too cautious with their investment approach, especially if they have a long-term investment horizon – for example, they could “lose” out on better potential growth if they're not prepared to invest in more risky assets, such as stocks and shares.

Most people also prefer to live for today at the expense of tomorrow. We usually prefer smaller, more immediate payoffs to larger, more distant ones. This might explain why some people delay starting a pension, even though they hope to retire one day. Logic says we should prepare for when we stop working but that holiday in Greece is far more enticing and only next month!

MONEY MATTERS



PETER BARTON

There's much truth in the saying “people buy from people they like,” even if the product is more expensive. This is especially true if they've received good service in the past, have confidence and trust in the person providing it and judge that they have similar values. Although price usually plays a part in people's decisions, perhaps not as much as you might expect – if we perceive we're receiving value then price becomes less important.

In a world where we're bombarded with information, we may subconsciously filter out much of it to help our decision making. We might default to what we already know and “anchor” our decisions to past experiences or what we've heard from friends and family. But when it comes to some decisions, especially those that affect your financial wellbeing, I would always recommend independent financial advice (well, did you really expect me to say anything else)!

So, when you think about money, how far ahead do you normally consider? Are you a long-term planner or is next week a long time? Do you control your financial destiny or do external factors play a larger role? Whatever the answer, having some form of plan in place can only help when it comes to your own financial future.

The information contained in this article is based on the opinion of Continuum and does not constitute financial advice or a recommendation to a suitable investment strategy. You should seek independent financial advice before embarking on any course of action.

The value of investments can fall as well as rise and you may get back less than you invested.

Peter Barton is an Independent Financial Adviser at Continuum. Tel: 01603 879875 or 07787 561087. Email: peter@mycontinuum.co.uk www.mycontinuum.co.uk

CONTINUUM
YOUR FINANCIAL FUTURE MADE REAL

PC PROBLEMS?

One to one support services, for businesses & home users.

AVAILABLE NOW!

*Upgrades & repairs undertaken
on desktops, laptops,
game consoles, iPads & iPods!*



FANTASTIC SPECIAL OFFERS:

- *Collection & return on repairs within the Norwich area!*
- *Refurbished laptops from £75!*
- *Advice given on repairs & upgrades!*
- *Laptop motherboard repairs from £35!*

Wanted for cash: your old laptops, iPods & game consoles!

£££

FREE health check on **ALL** computers, laptops, iPads, iPods & games consoles at our shop. All while you wait!

10% OFF

**REFURBISHED
LAPTOPS
& REPAIRS
WITH PRESENTATION
OF THIS VOUCHER.**

EXPIRES END JANUARY 2020

APC

Affordable Price Computers

*View all of our computers
on our website at:*

WWW.AFFORDABLE-PC.COM

TEL; 01603 867521 MOBILE; 07762 039656

*4 Cypress Close, Taverham
Norwich, NR8 6QG*

BB Installations

- Windows, Doors, Fascia's, Soffits, Guttering
- Brickwork, Walls, Patios, Driveways
- Roofing, Ridge Repairs, Garages
- Conservatories, Garden Rooms
- Kitchens, Bathrooms, Wet Rooms
- Plastering, Tiling, Painting & Decorating
- Restoration & Renovation Projects
- New Builds, Extensions, Conversions
- Roof Windows, Dorma, Solar Energy

Construction, Restoration & Installation specialists

Your local builder & installer, please check
the website for our client testimonials.



www.bbinstallations.co.uk

No job too large or small. Contact us for a free no obligation quotation from our fully qualified team of professionals

Email: sales@bbinstallations.co.uk

Telephone: 01603 898230 Mobile: 07780 964298

The Firs, 15 Buxton Road, Frettenham, Norwich NR12 7NG

NORFOLK PLUMBING

Domestic Installation & Repairs
Emergency calls welcome



Bathroom & Kitchens

- Basins
- Toilets
- Baths
- Showers
- Tiling

Heating

- Radiators
- Powerflush
- Pumps
- Cylinders

Repairs

- Blocked drains / Jetting
- Leaks
- And more...



Alan Cooper

Telephone: 01603 734253

Mobile: 07950 471139



B-CLEAN
Cleaning Services

**HOOVERING - DUSTING - TIDYING
MOPPING FLOORS - MAKING BEDS
WASHING DISHES
GENERAL HOUSEWORK**

Call Amanda for a quote
or look for us on Facebook

07989 794078

BCLEANCS@gmail.com

SHOP NUMBER

130

ANGLIAN CARPETS
Magdalen Street NR3 1JD
01603 632600/1

..anglian carpets..
'A Family Store' Est 1984
Over 30 Years Experience

Free Fitting
Service within 20 mile radius
Free Planning & Estimating
SPECIAL OFFERS
All Year round

Our Estimator
Will Call
At A Time
Suitable For You
With All Your
Chosen Samples

Domestic & Commercial

We Offer A Home Choose Service!
We Can Beat Any Genuine Quote!

www.angliancarpets.com
angliancarpets@angliancarpetsltd.co.uk

Call Free On **0800 597 6871**

Or Visit Our Large Showroom At:
130 Magdalen Street, Norwich Tel: 01603 632600/1
Open 9-5pm Mon-Fri 10-4 Sat

New Electric Solutions



YOUR LOCAL ELECTRICIAN

- Electric Showers & Fans
- Electric Heating
- Fuse Board Upgrade
- Fault Finding
- Conservatories
- Security Lighting
- Extra Sockets/Lights
- Indoor/Outdoor Lighting
- House Rewires
- Part P Approved
- PAT Testing
- All work Guaranteed



For a free competitive quote call:
Rob Newsome (01603) 714715 Mob 07799 686 410
 Website: www.newelectricsolutions.co.uk
 Email: newelectricsolutions@hotmail.com



GUTTER & FASCIA CLEANING

S. BURTON CLEANING SERVICES

No need to buy or paint your tired Fascias,
 Guttering or Bargeboards...

...We can clean them to look like new!

- Guttering Cleared
- Conservatory Roofs Cleaned
- Window Cleaning Available
- Reliable Service • Competitive Rates

T: 01603 462509

26 Delane Road, Drayton, Norwich NR8 6DL

1300795

DAWN DRAKE

CURTAIN MAKING SERVICE

NORWICH 413717

*Loose Covers, Blinds, Swags and Tails
 All soft furnishings undertaken.
 Track supplied and fitted.*

**FREE MEASURING and
 ESTIMATES
 PROMPT DELIVERY**

410103

ZAK BRANCH LTD

professional tree surgery



www.zakbranchltd.co.uk



TREE SURGERY



FENCING



LANDSCAPING



FIRE WOOD



info@zakbranchltd.co.uk



Tel: 01263 731926

Mob: 07510 048408

Taverham Vets

Taverham Vets, Fir Covert Rd, Taverham, Norwich. NR8 6HT
 01603 867330
www.taverhamvets.co.uk e-mail: enquiries@taverhamvets.co.uk

- Lovely caring hand picked veterinary team!
- Great value veterinary care.
- Comprehensive "Pet Health" plan to spread the cost of routine health care and providing discounts on many other services.
- "RCVS Advanced Practitioners" meaning that referral to specialist centres is rarely needed.
- Canine Hydrotherapy underwater treadmill, Physiotherapy and Osteopathy available on site.
- Luxury boarding "Cat Hotel" run by veterinary nurses.
- Routine appointments Saturdays (9am-3.30pm) and Sundays (10.30am-3.30pm) for registered clients
- Late evening surgeries until 8pm Monday-Friday
- Key-hole bitch spays and cryptorchid castrates.
- Puppy and Kitten Packages.
- 24hour emergency care with discounted rates for health plan members with Norwich Night Vet.
- Vets and nurses on site 24/7 providing exceptional care for hospitalised patients
- Tours of the Practice available by request.
- Check out our reviews on Facebook and Google!



Welcome to Taverham Vets

£10 Taverham Vets would like to welcome you to our practice and offer you a £10 voucher to redeem off any services or goods at Taverham Vets.

Main Branch
 Taverham Veterinary Practice
 Fir Covert Road
 Taverham
 Norwich NR8 6HT
 Tel: 01603 867330
 E-mail: enquiries@taverhamvets.co.uk

Longwater Lane Branch
 Longwater Lane
 Cottesley
 Norwich
 NR8 5AH
 Tel: 01603 747344

This voucher may not be exchanged for cash and is for new client registrations only. Minimum spend £35. Not for use with Norwich Night Vet. Voucher Expiry 31.12.16

R A H Bannock MA VetMB MRCVS
 G D C Pitcher MA VetMB CertVR CertSAO CertSAS MRCVS
 T R A Robertson MA VetMB CertVDI CertVC MRCVS

Upgrade your old inefficient gas boiler to a new condensing high efficiency system



PLUMBING & HEATING Ltd

Your Local Corgi Registered Gas Specialists

Installation, servicing & repair of heating systems & gas appliances

Complete bathroom fitting

General plumbing repairs & maintenance

For a free quotation please call

01603 262465

APM BLINDS

MADE TO MEASURE QUALITY BLINDS SUPPLIED AND FITTED AT AFFORDABLE PRICES

**ROLLER. VERTICAL. VENETIAN
 WOODEN VENETIAN.
 ROMAN WOODWEAVE. PLEATED
 CONSERVATORY/BLINDS**

**BLACKOUT BLINDS FOR VELUX WINDOWS
 UNIQUE BLIND SYSTEMS FOR TILT AND
 TURN WINDOWS
 EXTENSIVE RANGE OF COLOURS AND
 FABRICS AVAILABLE**

**PLEASE CALL FOR FRIENDLY FREE ADVICE
 AND A NO OBLIGATION QUOTATION**

TEL: 01603 891914

MOB: 07984 424272

EMAIL: andymillsey@yahoo.co.uk

HORSFORD VILLAGE HALL

The Perfect Venue for any Private Function

Weddings, Birthdays, Christenings and More!!

- Large Hall
- Kitchen
- Licensed Bar
- Ample Parking
- Stage
- Dance floor and Disco lighting!

For more details and rates:

Website:- <http://www.horsfordvillagehall.co.uk/>

or
 call 01603 893900



PRONTO JOINERY LTD

Timber window and door manufacturer
For all your made to measure joinery
Glass and painting available
Visit our web site for more information



Contact us for a free quotation
Dog Lane Horsford
Norwich NR10 3DH
Tel 01603 890239
sales@prontojoinery.co.uk
www.prontojoinery.co.uk
Like us on Facebook



Repairs to double glazed windows, doors and conservatories

Local independent business
Free estimates, No call out charge

Steamed up windows, broken handles, hinges, replacement gasket, plus cat flaps, door panels and more

01603 520136 or 0800 1601932

sandcwindows@gmail.com www.sandcwindows.co.uk

Suzanne's Mobile Foot Clinic

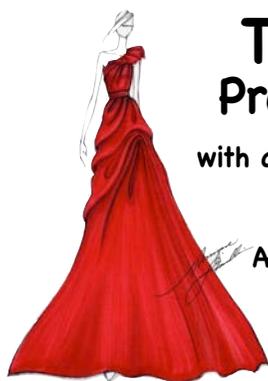
Do you suffer from:

- Discomfort
- Corns
- Callus
- Fungal cracked heels
- Thickened nails or just wanting nails trimmed?

Professional treatments in the comfort of your own home

Contact Suzanne for treatment of foot related problems on
01603 261653 or 07771502197

Fully qualified health practitioner



The Wardrobe Prom & Ball Gowns

with a Styling & Alteration Service

Open Tues 10am-7pm
All other days by appointment

07888 654652

55 Angela Cres, Horsford, Norwich NR10 3HE

C8430



222257

SNB Plumbing and Heating

Hall Road Hainford

Oil, Gas and LPG Boilers,
Cookers, fires and water heaters.
Serviced, repaired and installed.
Including Residential Park Homes

Please call Karen or Steve on
01603 897235 or 07917807908
to book in your
job or for a free quotation.

email: steve@snbp.uk



Moonbeam Reiki Therapy

Julia Wright, Mobile Reiki Therapist
moonbeamreikitherapynorwich@outlook.com

Covering Norfolk

07906734539

TIM THE PLUMBER



Friendly & reliable service
No job too small



**Bathroom installation, Maintenance
& general plumbing repairs
Plastering & Coving**

Telephone 07881 478848 or 01603 710390
tim.newstead@btinternet.com

City & Guilds Qualified
Fully insured

PLS BUILDING & GARDEN MAINTENANCE SERVICES

DECORATING AND GARDEN MAINTENANCE
LAWNS & HEDGES CUT
PATIOS
GARDEN CLEARANCE AND LANDSCAPE

Tel: 01603 893505 Mobile: 07050 129 822

WINDOW CLEANER

FRIENDLY FAMILY RUN BUSINESS

(01603) 868014
07717 185767

MOST QUOTES CAN BE
GIVEN OVER THE PHONE

GUTTER CLEANING

FREE CAMERA SURVEY

WE ALSO CLEAN FASCIAS AND
CONSERVATORY ROOFS

CALL FOR A NO OBLIGATION QUOTE
(01603) 868014

420405

(Peter J. Wright - est. 1985)

Painting & Decorating

Professional Painter & Decorator

• Exterior & Interior Painting & Decorating

 Norfolk County Council

• Wall Paper Hanging



FREE Estimates - Fully Insured

For a friendly service at a competitive price...

Telephone Peter on:

01603 488796

2, Three Corner Drive, Old Catton, Norwich NR6 7HA

WATERWAYS

PLUMBING SERVICES

All General & Emergency Plumbing Work

General Plumbing • Leaks • Overflows
Burst Pipes • Showers • Pumps • Toilets
Taps • Bathroom Refurbishments • Tiling

LOCAL & FAST RESPONSE
FREE QUOTES - 20% O.A.P DISCOUNT
CITY & GUILDS QUALIFIED
FULLY INSURED

24 Hour Service • 365 Days a Year
No Job Too Small

*A reliable and trustworthy domestic plumbing
service, offering competitive prices, with ALL
work fully guaranteed.*

01603 261559 / 07795 807244

B.B.H. LTD

PVC-U Windows & Doors

"Enhance your home and enrich your life with home improvement products from BBH"...

Installers of PVC-U

- Windows • Composite Doors
- Vertical Sliding Sash • Bays
- Bi-folding Doors • Bays Porches
- Patio Doors • Conservatories
- French Doors • Garage Doors
- Fascia, Soffit & Guttering
- Equinox Warm Roof

CALL NOW:

01603 897350

www.bbhltd.co.uk

Units 9-10 • 251 Holt Road

Horsford • Norwich NR10 3EB



PRO98299



FREE QUOTATION



10 YEAR GUARANTEE



NO SALESMAN



ALL CUSTOM MADE

Now fitting 'A' Rated energy-efficient windows

KEVIN GRAY DECORATING

Professional Decorating Services

Best quality work including:-

- Interiors
- Exteriors
- Wallpaper hanging
- Hand painted kitchens and furniture
- Wall spraying
- Fully insured
- Free estimates



Email: kevin.gray40@gmail.com

Website: www.kevingraydecorating.com

27 Corner Lane, Horsford, NR10 3DG / Tel: 07879612700 or 01603 560052

1st Class Aerials

07725 182952

New TV Aerials / Repairs

Freeview / Sky / Free Sat

Extra TV points

HD over Ethernet

B. J. DENNIS & SON

"Britain's Favourite Plumber Award" – County Winner

Established in 1973

**GAS & LPG ENERGY SAVING BOILERS AND FULL CENTRAL HEATING INSTALLED
BOILER SERVICING AND POWER FLUSHING CARRIED OUT BY CERTIFIED ENGINEERS**

ALL WORK FULLY GUARANTEED

TELEPHONE: 01603 897 297 / MOBILES: 07970762149

www.bjdennisandsonheating.co.uk

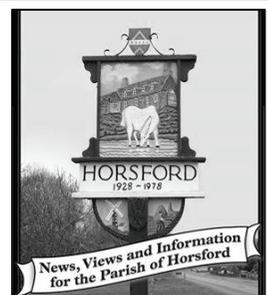


2 THISTLEDOWN ROAD, HORSFORD, NORWICH, NR10 3ST

THE Horsford News

- Need to stand out from the competition?
- Starting up a new business or promoting an existing one?
- Need quality exposure at competitive prices?

Advertise locally - advertise here!



Choose from many styles including this new banner format!

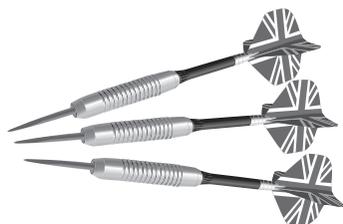
Contact Lisa Starling - Editor 01603 891902



Carmichael's Trophies

109 Magdalen Street, Norwich
Tel: 01603 624368

Trophies and Engraving for all sports
Darts and Accessories
First Class Engraving Service
Quotations Given



Prop: David & Stuart Willimott



James Electrical & Property Services



Electrical Installations
Household Carpentry
General Maintenance
PAT Testing



01603 339066 / 07557025890
www.jameselectricalnorwich.co.uk

Crystal's Floral Designs

- ❖ Flowers for all occasions
- ❖ Funeral flowers
- ❖ Flower arranging workshops and demonstrations

Ring Crystal:

- 01603 291190
- 07493 354286



Alan Cook Independent Financial Adviser



wealth management

Portfolio Reviews
Investments & Savings
Protection & Insurance
Retirement Planning Advice
Long Term Care Planning
Inheritance Tax Planning

Tax planning advice is not regulated by the Financial Conduct Authority. 2plan wealth management Ltd is authorised and regulated by the Financial Conduct Authority. It is entered on the Financial Services register (www.fca.org.uk) under reference 461598.



Contact our office now for your initial portfolio review at our cost, we can meet at our Aylsham office or in your own home.

01263 732309, 6 Penfold Street, Aylsham, Norfolk, NR11 6ET
07900 816927, alan.cook@2plan.com | www.alancook.2plan.com



School Garage Felthorpe

THE STREET, FELTHORPE, NORWICH NR10 4DG

MOTORCYCLE MOT TESTING NOW AVAILABLE

M.O.T Testing

Tyres

Exhausts

Servicing

Repairs

**Air Con
Servicing**

LIGHT COMMERCIAL VEHICLE SALES

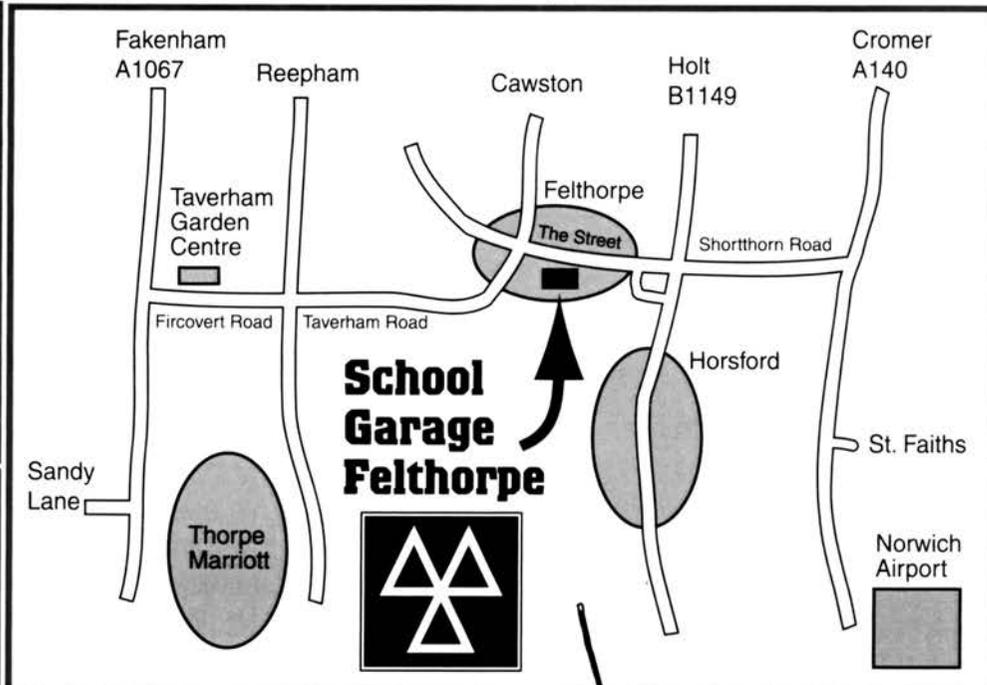
Class 4 cars ♦ Class 7 commercials

Diesels tested ♦ Catalysts tested

**MOT'S
WHILE
YOU
WAIT!**

**BY
APPOINTMENT**

**FREE
COURTESY
CAR
WHEN AVAILABLE**

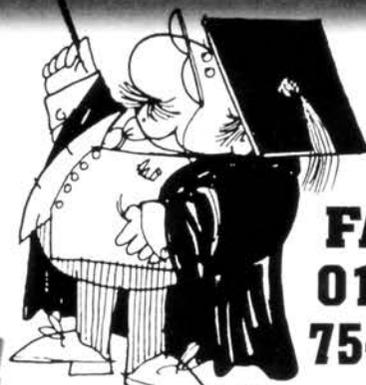


01603 754272

01603 754232

**ALL MAKES OF CARS AND LIGHT
VANS SERVICED AND REPAIRED**

...it's just around the corner!



**FAX:
01603
754274**



Armchair **Mortgages** Ltd

Tel: 01362 685125 Mob: 07944 881102
Email: neilkumar@armchair-mortgages.com

Neil Kumar - Mortgage Broker based in Horsford

Locally based mortgage broker with access to a comprehensive range of mortgages from an extensive panel of lenders covering all your needs; remortgaging, first time buyers, buy to let, credit impaired and right to buy plus a specialist in Help to Buy and Shared Ownership. With over 25 years experience in Financial Services, I am confident I will be able to find the right mortgage for you.

I am also able to help protect your life, health, income, family and your home, by creating bespoke solutions with products from a range of insurers.

I do **NOT** charge an up-front broker fee and any associated costs will be discussed and agreed with you in writing prior to agreeing to proceed. All mortgage and insurance recommendations will only be provided after completion of a thorough Fact Find.

Armchair Mortgages Ltd are Directly Authorised by the Financial Conduct Authority (FCA), Number 612752. Business established 1st June 2000. References available upon request.

Head Office: 60 Foxfields Way, Huntington, Cannock, West Midlands, WS12 4TA.

Your home may be repossessed if you do not keep up repayments on your mortgage.

K.D. Rivers Ltd.

BUILDING SERVICES

For all your Building Requirements

(Established 1993)



*Specialists in Carpentry, Windows
Doors Conservatories, Extensions
Facia & Guttering and all
General Home Improvements*

Call now for a free quotation on:

Tel: 01603 409694
Mobile: 07885 810822
Email kdriversltd@gmail.com
Website www.kdriversltd.co.uk



www.facebook.com/KDRiversLtd

BROADLAND PROBATE SERVICES LTD

- Wills
- Inheritance Tax planning to include Trusts
- Administration of Estates
- Lasting Power of Attorney deeds
- Registration of Lasting and Enduring Power of Attorney deeds
- Court of Protection work

FREE DOCUMENT STORAGE / NO VAT PAYABLE

Home visits on request - Evening and Saturday appointments available

Friendly and professional service from a fully qualified and experienced Lawyer

MICHAEL YOUNG FCILEx 01603 717175

www.broadlandprobateservices.co.uk

Horsford Bowls Club

**Enjoy a friendly game of bowls and
drink at our clubhouse
Also various social activities
throughout the year**

**Membership enquiries for beginners
or experienced players**

Contact: Malcolm Makins, 8 Warren Close, Horsford, NR10 3SU
Telephone: 01603 891422 (Secretary)



COMPLEMENTARY THERAPY & WELLBEING

Hatha Yoga Classes

Suitable for all levels

Classes every Monday & Thursday, 7.00-8.15pm
Trinity Church, Thorpe Marriott

& every Wednesday, 7.00-8.15pm.
Taverham Village Hall

Massage, Healing Therapies and private 1-2-1 Yoga also available.

Contact Rachel to book: 07793 279567

www.mycalmthecity.co.uk rachel@mycalminthecity.co.uk



www.napit.org.uk



PETER STANGER - ELECTRICIAN

Installations:- showers, sockets and light
Repairs to fridges, cookers and heater
Single point to complete rewire

Free Quotes
Tel: 01603 261735
Mobile: 07887 781762
34 Steeple Chase, Drayton, Norwich

05075



THE INSURANCE CENTRE

EST: 1985

INDEPENDENT INSURANCE BROKERS

*A Local Office
for the Local Community*

ALL TYPES OF INSURANCE TRANSACTED

**MOTOR • HOME
COMMERCIAL • TAXIS**

8 - 10 CROMER ROAD, NORWICH NR6 6ND

TEL 01603 400755

1470408

T DACK

ARTEX - COVING - RE- BOARD
PLASTERING - TILING

HONEST, RELIABLE, CLEAN SERVICE

REPAIRS / INSURANCE WORK

FREE QUOTES

TELEPHONE
**01603 710325
07944 963886**

Airport Chauffeurs *UK.com*

Chauffeur Driven at Taxi Prices

STANSTED from £28*

LUTON from £30*

Fleet of Exec Cars & 1 to 8 Seat MPVs

**prices based on per person rate of 4 persons in a basic car*



Email: norwich2airports@msn.com

Phone 0800 783 9030 SMS/Text 07767 820801

Waggamut Cut



-  Dog Grooming & Styling
-  City & Guilds trained

**To book an appointment
contact Debbie**

01603 897403 or 07906 440556

FLS

HAVE NOW BEEN APPOINTED AS A
MAIN STOCKIST FOR STIHL AND VIKING
IN NORFOLK

STIHL[®]

APPROVED DEALER

VIKING



Church Lane | Felthorpe | Norwich NR10 4DP
Tel: 01603-754890

FELTHORPE LAWNMOWER SERVICES
felthorpelawnmowers.co.uk

1170105

Garden Maintenance, Landscape & Fencing Services

- Bespoke gates made to order
- All types of fencing supplied and erected
- Hedge cutting and removal
- Turf supplied and laid
- All types of hard landscaping
- Walls, patios, brickweave, shingle drives etc.
- Mini and wheel digger work undertaken
- Garden and garage clearances

FREE Estimates phone Steve on:

01603 755280

or

07808 960784

www.sjlandscapingandfencing.co.uk

ILLUSIONS HAIR SALON



LOCAL PROFESSIONAL HAIR SALON
FOR ALL ASPECTS OF HAIRDRESSING

AT ILLUSIONS YOU WILL RECEIVE AN
INDIVIDUAL AND STYLISH SERVICE IN A
MODERN AND FRIENDLY ENVIRONMENT

**10% OFF FOR NEW CLIENTS
WITH THIS VOUCHER**

POPPYFIELDS, HORSFORD, NR10 3SR

01603 890552

 WELLA

 catwalk
TIGI

 BED
HEAD
TIGI

DO YOU LIVE IN ONE OF THE OLDEST HOUSES IN THE VILLAGE OF HORSFORD?
 PERHAPS YOU LIVE ON THE 'NEW ESTATE' WHICH IN FACT IS OVER 20 YEARS OLD, MAYBE YOU LIVE
 IN THE NEW HOMES THAT ARE BEING BUILT IN OUR VILLAGE...
 BECAUSE THAT IS WHAT HORSFORD IS - OUR VILLAGE!!
 YOU DON'T EVEN NEED TO LIVE IN THE VILLAGE TO JOIN US....

WE WELCOME EVERYONE AT
HORSFORD SOCIAL CLUB

Look out for further details

Men's & Ladies Darts Teams
 Pool Teams
 Local football teams
 Sky TV
 BT Sport



OPENING TIMES

Monday	17:00 - 23:00
Tuesday	17:00 - 23:00
Wednesday	17:00 - 23:00
Thursday	17:00 - 23:00
Friday	17:00 - 23:30
Saturday	14:00 - 23:30
Sunday	12:00 - 23:00

MEMBERSHIP RENEWALS

If you are a member of the social club, you will have now had your membership renewal. The membership clinic will take place on:
 Sunday 7th April

BECOMING A NEW MEMBER

If you would like to join the social club, please feel free to drop in and ask for a joining form. Or alternatively email
horsfordsocialclub@hotmail.com
 Under 18's free
 Junior membership available (16-18)

The Social Club has been running in the village of Horsford since 1993. It was started by a few friends putting a few pennies together to run a social evening behind the bar in the village hall.

Since then, the social club has evolved to what it is today.

Horsford Social Club is organised by committee members who all volunteer to help keep the social club running for all to visit. Anyone interested in joining the committee are welcomed with open arms, as does anyone who wishes to help, but without the commitment.

The Social Club promotes itself as a place where everyone is welcome. Literally everyone... You, your children, your neighbour, your family that are visiting for the weekend.

All children welcome, whatever age and what ever time of the day. Secure play area available. You never need to worry about the baby sitter again!!

We have entertainment on Saturday evenings. Children's Events at Easter and Halloween and even the Christmas Party for the children of our social club to meet the big man himself - Father Christmas.

Along with the children's gatherings and Saturday night bands, the Social Club runs annual events to London to see the top West End Musical Productions, Race days, Golf days and many more trips.

Details of all events are always on the notice board.

As we are a social club, there is a membership fee on an annual basis, but you ask any member and you soon get your money back on the cheap(er) drinks.

**DO WE HAVE YOUR ATTENTION NOW?
 IF SO COME AND CHECK US OUT, AND REMEMBER -
 MORE SOCIAL. LESS MEDIA!!**

← CHECK THIS OUT!



LIKE & WATCH THE **HORSFORD SOCIAL CLUB**
 FACBOOK PAGE FOR MORE INFORMATION



	1 st		FRI	DAY	
OF		EV	ERY		8 ^{PM}
	MON	TH		ST	ART



Michael Taylor
Electrician

- Do you need a plug socket moving?
- Do you need a light replacing?
- Do you need a full house rewire?

Domestic and commercial electrical work undertaken
 All work tested and certified

Tel. - 01603 278068
 Mob. - 07837 902689
 15 Manor Close, Buxton



Call

Boiler and Electrical Technician

Service and breakdown repairs to oil and gas boilers. Electrical work undertaken

CORGI Registered Gas Installer

Telephone: (01603) 261653
 Mobile: 07990 520349

530103

Dog Grooming
 by Sarah



City & Guilds Trained

First Aid Trained

01603-927356 or 07786757371



Facebook Dog Grooming by Sarah@crowther78





AKS SKIP HIRE SERVICES LTD

Working Towards A Better Environment in Norwich

Skip Hire from £80 + vat

Load & Go from £50 + vat

Roll on Roll off from £150 + vat



Tel: 01603 789 555

Call Today for a FREE no obligation skip hire quote!

Woodside Lodge, Shortthorn Road,
Stratton Strawless,
Norwich, Norfolk NR10 5NU

info@aksskiphire.co.uk
www.aksskiphire.co.uk



PC PROBLEMS?

Local Friendly Service!

Computer running slow?

Computer won't start?

Software not working?

Virus or spyware trouble?



Hardware upgrade?

Data backup?

Computer terrified?

Just need advice?

No Fix
No Fee

We come to you!

No Call
Out Fee

www.LINCcomputers.co.uk

Call 0798 9999 390 or Email Info@LINCcomputers.co.uk



01603 866888

The Bloomin'
Hair Salon

For Ladies & Gents

Unit 1, Taverham Craft & Country Shopping Centre
Behind Taverham Garden Centre

Find us on Facebook

ROBERT T. SMITH
PAINTER & DECORATOR

Interior Exterior

Quality
Wallpapering

Quality
Workmanship



EST.1977

Friendly, Professional & Reliable Service

6 LAVENDER CLOSE, THE SHRUBLANDS, HORSFORD, NORWICH NR10 3EW
Tel: 01603 897372



Hate Ironing? Don't have the time?

Give Wrinkles & Crinkles a call
on 07762 229087

HELPING YOU STEAM AHEAD WITH YOUR DAY

Or find us on Facebook
www.facebook.com/wrinklesandcrinkles



Simply Ballroom
& Latin Dancing



Professional Tuition by Sally A. Smith
IDTA Qualified

- ❖ 1-2-1 Beginners to Advanced lessons
- ❖ 6 Week Beginners course
- ❖ Wedding First dance tuition
- ❖ Weekly classes



www.ballroomdancingnorfolk.co.uk - Tel. 01603897372

EASTERN COUNTIES ACCESS SOLUTIONS WORK AT HEIGHT SAFETY CENTRE

Eastern Counties Access Solutions is a trading name of Eastern Counties Scaffolding Services Limited

Tel: 01603 735130 – Fax: 01603 722844

e-Mail: enquiries@ecaccesssolutions.com – www.ecaccesssolutions.com

DON'T TAKE RISK WHEN WORKING AT HEIGHT



Difficult access problem e.g. over a conservatory

Contact us for a solution and free advice - **01603 735130**

We provide all Work at Height Safety equipment for Hire or Sale:

- Ladders / Step Ladders / Specialist Ladders / Loft Ladders
- Mobile Scaffold Towers - (**SPECIAL OFFER £35 / WK**) + VAT
- Purpose Built Scaffold
- Cherry Pickers (Aerial Access Platforms)
- Safety Harness
- Roof Edge Protection
- Mobile Man Anchors

WE ARE ALSO AN APPROVED TRAINING CENTRE FOR WORK AT HEIGHT SAFETY



NASC

PASMA



What are you looking for from your dentist?

- A dentist who spends time listening to you and doesn't rush you out of the door
- Friendly staff and a relaxed environment
- One that offers dental payment plans to help you budget for your dental care
- One that understands if you haven't seen a dentist for a while
- Free parking • A practice for the whole family
- Free educational pack given to children at their first appointment

Well - you've found one here at Horsford Dental Practice.

We realise our patients are individuals and have their own unique requirements.



94 Holt Road | Horsford | Norwich

01603 898002

www.horsforddentalpractice.co.uk

admin.horsforddentalpractice@btconnect.com



Denplan

At the heart of dental care

Denplan Limited, Denplan Court, Victoria Road, Winchester, SO23 7RG, UK. Tel: +44 (0) 1962 828 000. Fax: +44 (0) 1962 840 846. Part of Simplyhealth, Denplan Ltd is an Appointed Representative of Simplyhealth Access for arranging and administering dental insurance. Simplyhealth Access is incorporated in England and Wales, registered no. 183035 and is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Denplan Ltd is regulated by the Jersey Financial Services Commission for General Insurance Mediation Business. Denplan Ltd only arranges insurance underwritten by Simplyhealth Access. Premiums received by Denplan Ltd are held by us as an agent of the insurer. Denplan Ltd is registered in England No. 1981238. The registered offices for these companies is Hambleton House, Waterloo Court, Andover, Hampshire SP10 1LQ.



Special Offers

We have two offers for new patients – choose which one best suits your dental needs.

Offer one - £50 off teeth whitening*
£215 (normally £265)

*not everyone is suitable for this treatment

Free check ups for children**

**under 5 years of age and booked with a parent examination

M.G.D. Tree & Conifer Surgery

CAN'T SEE THE WOOD FOR THE TREES?

Tree & Conifer Surgery
Felling
Crown Reduction
Trimming
Ground Clearance

Free Estimates
Competitive Rates
Fully Insured
N.P.T.C. Certificates

CALL MARTIN TODAY

Mobile 07751 890519

Telephone 01603 755188
or 01603 423056

United

DRIVING TUITION

f uniteddrivingtuition

☎ 01603 946980

☎ 01603 945386

☎ 07888 684150

✉ info@uniteddrivingtuition.co.uk

ANY COURSES AVAILABLE INCLUDING:-

- Male/Female Instructors
- Hourly Lessons
- Advanced
- Instructor and standard check training
- Flexible Lesson times
- Refresher
- Advanced



COMPETITIVE RATES/CHRISTMAS & BIRTHDAY VOUCHERS AVAILABLE
FOR MORE INFORMATION

WWW.UNITEDDRIVINGTUITION.CO.UK

24 Pimpernel Road Horsford, Norwich NR10 3SQ

Proud sponsors of Horsford Youth FC

FLOWERS BY NATALIE

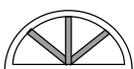
A local professional florist with over
twenty years floristry experience

VINTAGE CAR HIRE

T. 01603 873309

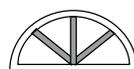
M. 07776 420317

Cawswood, Holt Road
Cawston, Norwich NR10 4HP



Nick Britcher

Carpenter / Joiner



UPVC and Hardwood Home Improvement Specialist

Doors Windows Conservatories and UPVC Roofline
Supplied, Installed and Guaranteed

Kitchens Supplied and Installed, Wood Flooring
and all General Carpentry Work.

NO JOB TOO SMALL

For a FREE Quotation & Advice Call:

01603 412980 or 07761 975996

Chimney Sweep

Jones the Sweep

STOVES, OPEN FIRES & SOLID FUEL APPLIANCES

- Fully insured
- Trained by a Guild professional
- Tidy, clean and efficient
- All work certificated



Certified Member



Telephone Harry on 01263 833362 or Mobile 07799 484012



THE METICULOUS MOVERS

Woodland Farm, Shortthorn Road, Stratton Strawless, Norwich, NR10 5NU

Telephone : **01603 898679**

E-mail : enquiries@ollands.com

Website : www.ollands.com

- **Secure Storage Facilities**
- **Household & Commercial Removals**
- **Professional Packing Service**
- **Single Items / Part Loads available**
- **European & Worldwide Shipping**



APOLLO CLEANING

**Carpet and Upholstery
Cleaning Specialists**
Established 1991

Latest truck mounted
equipment for
**DEEPER CLEANING &
FASTER DRYING**

Patios & pure water window cleaning

Stuart Thomson, 13 Berrington Road,
Hellesdon, Norwich NR6 6PH

Tel. 01603 423039/487278

Mobile 07770 811912

www.apollocleaners.co.uk

Nathan's Painting And Decorating

Internal Decorating

Gutter Cleaning

Wallpapering



External Decorating

Sheds and Fences

Plastering



*Always Happy with a
friendly service and
100% customers
satisfaction no job is
too big or small*

Contact me today for a free non-obligation quote

Nathan.stearman@hotmail.co.uk



07841481677/01603 897053



JERRY MARCH FUNERAL SERVICES

28 Holt Road, Horsford, NR10 3DD

01603 898202 (24hrs)

enquiries@jerrymarchfuneralservices.co.uk



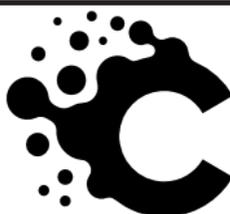
*Small independent family business established for over 175 years
Private woodland Chapel of Rest*

Some of the services we offer are:

- ❖ *Pre-paid funeral plans*
- ❖ *Floral tributes & memorials*
- ❖ *A fully bespoke funeral tailored to your wishes*

www.jerrymarchfuneralservices.co.uk

Do you need
PROFESSIONAL Paintwork
Correction & Protection?



COGNOSCENTICARCARE
PERFECT - PROTECT - PRESERVE

Services offered:

- ✓ Pre sale/end of lease detail
- ✓ PRESERVE maintenance detail
- ✓ New car preparation and PROTECT
- ✓ Gloss enhancement detail
- ✓ Heavy enhancement detail
- ✓ The COG correction detail
- ✓ Ceramic coatings, wax and sealants



Safe, secure, fully-insured studio in
which to care for your studio



High-quality tools and products from
industry standard suppliers

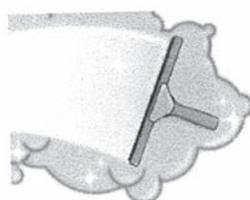


A friendly, professional service headed
up by a true car enthusiast

Get in touch today for a free no-obligation quotation for your vehicle

call us – 07786 271670
www.cognoscenticarcare.co.uk

20%
DISCOUNT
off all services – quote
HORSEFORD NEWS



SPARKLE WINDOW CLEANING SERVICES

LOCAL DOMESTIC WINDOW CLEANER INCLUDING FASCIAS & CONSERVATORIES
INTERIOR & EXTERIOR WASHED PROFESSIONALLY

TRADITIONAL OR WATER FED POLE SYSTEM

FULLY INSURED, RELIBLE & FRIENDLY

FOR MORE INFORMATION CONTACT DEREK
(01603) 897811 / 07796 008452

It is a joy to have the church open every day, where people can have refreshments of various kinds. Having the local church open is vital, I believe, and enhances the community, both near and far. The Church Council is looking ahead to how we might enhance the welcome and hospitality to all. This includes developing a flexible area for community events, an accessible entrance for all as well as repairing the thatch and guttering. We'll be appointing the architect in September and I'll keep you updated with the plans, costs and how you might get involved.



Commonwealth Graves

You may have spotted the Commonwealth War Graves sign on the churchyard wall which was erected by the War Graves Commission in May.

There are 5 war graves:

Driver R J Aldridge,

Royal Field Artillery, who died 16 March 1919

Private Arthur Henry Broom, Royal Norfolk Regiment, who died aged 27, 11 May 1947

Private A J Broom, Queens Own (Royal West Kent Regiment) who died 2 December 1918

Gunner Charles Albert Dyer, Royal Garrison Artillery who died aged 24, 5 June 1920

Gunner W Thomas, Royal Horse Artillery, who died aged 24, 4 May 1919

Our Church Services

You will always be given a warm welcome and there's always refreshments after our services.

Every Sunday at 10.30am

- Communion is the 1st and 3rd Sunday each month
- All Age worship 2nd Sunday of the month
- 4th Sunday of the month is Morning Worship

18th August: we've a speaker from The Leprosy Mission. Come and hear about this charity's work
 Sunday 6 October: we celebrate Harvest. All gifts of food and money will be given to the Norwich Foodbank.

Sunday 27 October, 3pm a service of thanks giving for those we've loved but are no longer with us.

Our friends at the Spice of India offer their car park Sunday morning to all who come to the services. If you are less mobile, there are 5 spaces behind the church where you may park.

We also have a said, mid-week communion, every Tuesday, 10.30am. If you prefer a small, quiet service this is the one for you.

Keeping the Church Open

We've been reviewing the cost of keeping the church open. In 2018 we had a deficit of £228 per week, a shortfall of £11,855 for the year. The Church wants to maximise the opportunities to use the building and make it a community asset otherwise the plans we have to keep it open may not take place. If you would like to help keep the church open, do think about a regular gift to the church or a donation either to general funds or our project. Please do contact Wendy Tooby, our Church Warden (see the back page for her number) or myself.

On Saturday 28th September we'll be having an open morning where you can come and meet church members, enjoy some refreshments and help support us: more details on that soon. I thank God for All Saints Church, for the visitors and all that God has provided and done for people over the centuries. I pray you too will find it a place to cherish.

From the Registers

Baptisms

We welcomed into God's family Dexter, Dougie, Elby and Zara-Olivia

Weddings

Congratulations to Darren and Kerry, Charles and Faye and Adrian and Helen on their marriages

Renewal of Vows

Congratulations to Kevin and Margaret on their special service to celebrate 50 years of marriage

Funerals

Our prayers for the family and friends of those whose funerals or interment of ashes have taken place:

Nancy Cathreen Barrett	10 May
Ronald Samuel Lane	22 May
John William Tooley	11 May

HORSFORD SOCIAL CLUB

We had a good turnout for the annual AGM in June and pleased to say the committee have all agreed to stand for another year. Takes a lot of time and effort completely voluntary by committee to keep the club running so a big thank you to all involved for another year. Members present at the AGM thanked all committee for the past year for their hard work. One of the suggestions from the members present was to reduce the membership fee for new people wishing to join the club. This was voted on by members present and agreed unanimously to reduce the membership to £15 per adult and £10 for OAP's. So from July 2019 these fees take place to be a member of the Social Club. The new committee were elected as Chairman Derek Jacks, Vice Chairman Mark Chorley, Acting Vice Chairman Carl Forder, Treasurer Danny Overton, Vice Treasurer Marilyn Baker, Secretary/Memberships Jackie Carter, Bar Manager Sharon Baynes, Entertainment Derek Jacks - Gemma Savino, Health & Safety Nick Wilson, Advertising Sarah Dugdell, We would like to welcome anyone to join the club and benefit from all what's on offer for the coming year. We must remind anyone using the club to carry their membership card and be expected to be able to show it if asked by bar staff or committee. Changing the annual Beer Festival to the May bank holiday weekend was a great success and saw lots of members and guests coming in to taste the many ales on sale. We are pleased to say that the real ale choice has increased over the past months and it's reported that the ales on offer are some of the best you can find locally. This coming weekend sees the annual Village Vibes event on the village playing field which we hope many of the members and village residents will attend. The annual London Show trip is booked for Saturday 12th October and the shows this year are a new musical straight from Broadway called "Waitress" (£45) which is based on the film in 2007 of the same name. Meet Jenna, a waitress and expert pie-maker who dreams of some happiness

in her life. Also "Wicked" (£40) The Life and Times of the Wicked Witch of the West, retelling of the classic The Wonderful Wizard of Oz. One of the most spectacular costume/lyric shows in London. This trip is open to non-members but you just pay a slightly higher price for tickets than members of the club. This is a good day out leaving Horsford at 8am, time to wander and have lunch in Covent Garden, matinee performance and then home to be back in Horsford for 9pm ish. Call Jackie on 07890128505 to get more details. The club has been involved in various fund raising over the past year and one of these was the new play area at the back of the village hall. We are pleased to see this is now in operation and wish the pre-school committee and children lots of sunny weather to use their new facility. The fenced in area at the rear of the Social Club is now for Social Club use only so if you are coming in for a family night the children can play in this area with no worries of them going near the car park.

All our usual events take place each week with Men's darts on Mondays, Poker Nights-Tuesdays, Ladies darts-Wednesday's, Pool-Thursdays. The family bingo night on the first Friday of each month is taking a break until September/October but we hope the autumn/winter months will see more people wanting to play bingo.

Listed below are the bands for the coming weeks so whether you are a member or would like to see what's on at your local Social Club come in and have a look.

Sat 27th July Space Hoppers
Sat 24th Aug The Waps
Sun 25th Aug Viktori
Sat 22nd Sept TBC
Sat 28th Sept Jemstone Band
Sat 12th Oct Blue Flubbers
Sat 26th Oct Floating Greyhounds
Sun 27th Oct Johnny Jaffacake -
Children's Halloween Party

Remember we have a lovely outside seating area at the back of the club for all, with the lovely park facilities it makes a great evening out for families to enjoy. Non-members are welcome to come and have a look anytime and see what's on offer. Membership forms available from the bar or email. Join our facebook page and any info available by email horsfordsocialclub@hotmail.co.uk
Club opens Mon - Fri 5.00 - 11.00pm, Sat 2.00 - 11.30pm, Sun 12.00 - 11.00pm

Jackie Carter
Social Club Secretary

THE HORSFORD PLAYERS

Summer is here at last. How do I know this? I've just watched the Andy Murray and Serena Williams first mixed doubles match at Wimbledon, while drinking my first Pimms and lemonade of the year! It may well be summer, but at Horsford Players our thoughts have turned towards the autumn and our next production. We've decided to try something a little different this time. We're going to have a Murder Mystery Evening over two nights in October. This is where you, the audience, have to solve the murder, a must for all you budding Miss Marples/Hercule Poirots! There will be plenty of red herrings in the plot to keep you guessing right to the very end.

The play is called "Murder on the SS Titanium". The ship has launched from New York on its maiden voyage. The specially invited passengers prepare to celebrate. However, before the first cork can be popped, disaster strikes. Captain E Slost is found overboard, floating on an iceberg, with a bullet in his chest! Which of the passengers killed him and why? Join us in solving the whodunnit on either Thursday 17 October or Friday 18 October 2019. Tickets are £10 per head and must be booked in advance, as food and drink will be included. To book your tickets please call the Box Office on either 01603 898634 (Pat), or 01603 927010 (Sandy).

If you think you might like to join our very friendly, happy band of troupers, please contact me, or any other member of the group for more information. You will be made very welcome.

Enjoy the rest of the summer and hope to see you in October.

Sandy Kerridge - 01603 927010
sandykerridge@hotmail.com



August sees the completion of our "summer" leagues, and the deadline for application to join our traditional A/W leagues has slid past. But this year we are extending the menu to include an Ozzy pair league, whereby the players alternate lead and skip. This is an ideal entry to league play as it encourages all the shots, and the cries of I can't/don't/ won't play skip are forbidden. Lead, an exercise in placement and restraint, and skip (the

chance to sort out what lead has done), are equally important. We would also like to have a Sunday starters league. Again an ideal opportunity to measure your progress with other inexperienced or new members.

The end of the month is also the end of our year, so subscriptions are now due. Normal adult rate remains £60, a little over £1 a week, and play time is still settled as you play, £3.50 for two hours. An inexpensive sport when all is said and done. Casual play or in leagues or Club teams, is not allowed until renewal is complete. So before the first of September please.

September will also see the return to our rinks of those who forsook us for the Summer, to hoof grass with outdoor clubs. They always seem a tad vulnerable as they blink under our indoor lights and adjust their shades, their lines and weight, to our less variable surface. So September is a good time to work on sucker punches and a good start to leagues.

But August to complete first. Then Subs. Then we are off again. We are holding an open day Saturday 21st September for anyone to come and have a free taster. And on Sunday the 29th September we shall celebrate our Thirtieth Anniversary with a Hog Roast, free to members, £3.00 to non members. More of these in our September submission.

AUGUST HAPPENING

Mon	Triples 7-9	Roll-up 10-12
Tues	Pairs 10-12	
Weds	Singles 2-4	Roll-up 10-12, 7-9
Thurs	Triples 7-9	Roll-up 2-4
Fri		Roll-up 9-11, 11-1

HORSFORD BOWLS CLUB

When this article is printed we will be nearing the end of our short summer season which to date has been progressing well. Our new captain Mick Dale and vice captain Chris Warne's have found it to be a baptism of fire but are coping well. Our new members have also settled in to the challenges that summer time bowls and dealing with the unpredictable weather that we have been having. Our teams are as usual experiencing mixed results with the Nags struggling a little in Yare league division 1 but the Colts who dropped to Yare league division 2 this year are having a good run and are holding second place. In the remainder of the leagues all members are enjoying games and getting good results where they can.

We held our charity coffee evening in April for our sponsored charity this year which is Norwich Door To Door and we will be making a presentation of the proceeds to their representative at our summer B.B.Q on August the 3rd. We also held our summer

Race Night on June 15th and all members with their family and friends had an enjoyable evening. Planning for the upcoming winter short mat season is well underway and we will again be entering a team in the Bure and two teams in the City league. We have different captains for all our teams for this season with Chris Warnes Gold team captain, Lynn Couzins Blue team captain in the City league and Dennis Seaton our Bure league captain and we wish them all good luck for the challenges ahead. Our spring maintenance programme completed all the routine jobs and keeps the premises in good condition we have also taken the opportunity of cleaning the short mat / function area floor by giving it a good scrub and then applying two coats of sealant and it now looks very good and should give it protection for the coming years. I would like to wish all my members health, happiness and good bowling for the future.

John Bugg (chairman)
01603 890633 - jfbe0940@gmail.com



QUIZ NIGHT

Friday 6 September 2019, 7pm

The Church Room, Holt Road, Horsford

In aid of the Church Repair Project

Tickets £6

Available from:
Carolyn Giles 01603 710737
Rosemary Frost 01603 483133

Refreshments provided
Bring your own alcohol and nibbles if you wish

There will be a raffle
Team size - 6 people maximum; 9 tables available

WILDLIFE WHISPERS

WASPS...A STING IN THE TAIL

Sssshhhh...don't tell anyone but we can see a queen wasp shaving wood from one of our fence panels. How do we know its likely to be a queen? Well, firstly because of its size, its a pretty big wasp and much larger than the average, also its April and as spring arrives queen wasps come out of hibernation and having been fertilised the previous year, start searching for a suitable place to build a nest, such as a hole in a tree or a wall cavity, garden shed or maybe even the loft in your house. No, don't panic, it probably won't happen!

The queen takes chewed wood shavings mixed with saliva back to the nest site, making about six cells and laying one egg in each. These are the first female workers which will eventually hatch out and help the queen to increase the nest size by turning the pulp into a paste which is used to produce the wafer thin paper forming the nest.

The queen continues to construct more cells, building up the familiar hexagonal shape construction we see within the nest. A wasps nest is a miracle of construction and quite beautiful when closely examined...but only when its been vacated by the colony of course!

She continues egg laying on a massive scale and the hatchlings are mainly workers who eventually take the nest over, increasing its size and nurturing new-born queens, which will hibernate over the winter and become the spring nest builders the following year.

Like many of us I often used to wonder what possible use wasps could be until I learned a little more about them.

In the early part of the year they help with pollination as they move from flower to flower feeding on nectar, but unlike bees they do not produce honey. Wasps continually hunt down insects, killing them, ferrying them back to the nest and feeding them to the young wasp larvae. During the course of a season many billions of insects, including aphids and grubs, are hunted down in this way and without the benefit of this pest control our gardens and countryside would be overrun.

So generally speaking they do a pretty good and essential job, although as you know theyre a bit of a nuisance at times, especially in the autumn when feeding from fruit and almost anything sweet to extract the sugar for energy.

Wasps will vigorously defend their nest if it's disturbed or damaged, deliberately or accidentally by some unwitting individual who may brush against it. Worker wasps leaving the nest will signal to others, warning of the attack and thus

1st HORSFORD & ST FAITHS SCOUT GROUP



APPEAL TO FORMER SCOUTS (from the 1970s and 1980s)

In May 2020, the group reaches its 50th birthday. We are planning events for next year to mark this milestone - more to follow. To mark the occasion, we are currently producing a detailed history of the group and have seen many of the former leaders. However, to date we are yet to gather much

in the way of photographs and memorabilia from the period 1970 to 1984. So we appeal to any former scouts or family of former scouts from that period who read this, to please make contact if you have anything that we can photocopy and return or have any memories you can share. Please contact treasurer@hsfscouts.org or Chris on 07710 635745.

THE GREAT NORWICH DUCK RACE 2019

We sold tickets at the Co-op and Taverham Garden Centre this year for the Great Norwich Duck Race and we would like to say a massive thank you to all those people who supported by buying a ticket and helping us to fundraise towards our new Scout HQ. All the lucky winners are

VACANCIES AT SCOUTS

As you know, Scouting relies on volunteers to keep this organisation running. At Horsford Scouts we have two positions becoming vacant and welcome any enquiries of interest. They positions are,

- **GROUP SCOUT LEADER**
- **SECRETARY**

For more information, please contact Mike Gleeson (GSL) at

gsl@hsfscouts.org .

AGM

Our AGM will be on Sunday 15th September 2019 at 10:00hrs. The venue will be the Scout HQ, Dog Lane.

Promoted by 1st Norwich Sea Scout Group in association with The Lord Mayor of Norwich Celebrations

Winners – 2019 Great Norwich Duck Race

1 st Prize - £1,000.	Ticket No. 2568,	Trevor Watts, Swafeld St, Norwich, NR5 (Ticket sold by Bowthorpe Scouts)
2 nd Prize - £500.	Ticket No. 10517	J Sowards, Yaxham Waters, Dereham. (Ticket sold by 1 st Norwich Scouts)
3 rd Prize - £250.	Ticket No. 10206	Charlie Smith, Trafford Rd., Norwich, NR1 (Ticket sold by 1 st Norwich Beaver)
4 th Prize - £150.	Ticket No. 11391	Vedhika, West Bank, Norwich. NR1 (Ticket sold at Chaplefield Gardens)
5 th Prize - £50.	Ticket No. 9309	Zachary Green, Porter Rd., Long Stratton, NR15 (Ticket sold by Long Stratton Scouts)

Lord Mayor's Lucky Dip.

Vouchers from Gravity – Ticket No. 11911, B Smith, Aylsham, NR11
(Ticket sold on line)

Guest Tickets, Hollywood Bowl, Ticket No. 0402, F James, Wroxham,
(Ticket sold by Hoveton & Wroxham Scouts)

Guest Tickets, Odeon Cinema, Ticket No 9509, Jason Brighton,
(Ticket sold by Mulbarton Scouts)

Meal voucher, TGI Fridays, Ticket No 2652, Margaret Gibbs, Mill Croft Close, NR5
(Ticket sold by Bowthorpe Scouts)

Meal Voucher with wine, Queen of Icen, Ticket No 7625, Dave Cooper, Sculthorpe.
(Ticket sold by Mattishall Scouts)

The Great Norwich Duck Race was conceived by and is run by the [1st Norwich Sea Scout Group](http://www.greatnorwichduckrace.co.uk) as a fund raising event for [Scouting](http://www.scouts.org.uk). This year the funds raised will support scout activities at 1st Norwich and other groups participating in the event. As well as the prize monies mentioned elsewhere a contribution is also made to the Lord Mayors charity and another charity chosen by 1st Norwich. In the event of unforeseen circumstances that prevent the race being run the promoter will decide the winners by a lottery of the entrants.

www.greatnorwichduckrace.co.uk

causing them to swarm into attack mode.

As a general rule however a solitary wasp will only defend itself by stinging when it is injured or trapped or disturbed, and remember they are angered by rapid movements. So the best policy it would seem is to remain calm, without trying to waft it away or swipe at it thus allowing it to buzz off in another direction. I suspect that's easier said than done for a lot of us...especially me!

A classic example of this occurred several years ago with yours truly, who is the first person to freak out into panic mode when buzzed by one.

Whilst enjoying a quiet Sunday afternoon bar-b-q I was targeted by what seemed to me at the time, to be the most persistent wasp on the face of the earth. Now Mrs.C to her entire credit did warn me not to flap and to stay still and calm, but of course unable to control my panic I leapt up in a frenzy of fear and with Mrs C slowly shaking her head from side to side frantically danced around the garden like a headless chicken, wildly thrashing the air in all directions, the worst possible thing you can do. I even used the latest copy of 'The Peoples Friend' to do my thrashing, but in the end it didn't prove to be very friendly at all.

I reaped my just reward by being stung in the afternoon, or on my backside to be more precise. Had I remained calm and kept still then I would probably have avoided quite a bit of pain and trauma.

And that was the sting in this tale.

Or the sting in my tail as it turned out.

Michael C



HORSFORD FC

We're delighted to have had some fantastic team successes at the end of the season with the Veterans completing the League and Cup double, the Under 12's completing the League and Cup double, the Under 9 Hurricanes winning the 4sports Trophy and the Under 9 Hunters winning the Kappa Cup! Our SSE Wildcats Centre at Horsford FC has now started, providing opportunities for girls aged 5-11 to train on a weekly basis with a further opportunity to create new girls teams in the village. These have been great so far, with two new coaches joining us in Mitch and Kim. For more information, please visit horsfordfc.co.uk/wildcats.

Our Mini Skills Soccer group (ages 4-6) still takes place every Saturday morning with UEFA



qualified coach David. To get involved, please visit horsfordfc.co.uk/under-6s.

The Under 8's are looking for a new manager for the coming season, anybody who would like to take the role on would be provided with full kit, training equipment, paid for FA courses in coaching, first aid and safeguarding, 3G pitch for winter training and an enthusiastic team of players who love football. Please get in touch with Chris Brown (07540753894 or chris@horsfordfc.co.uk) for more information.

Additionally, we're always looking for volunteers to get involved with the club, be it as a coach, tea maker, admin or fundraising, we'd love your help.

We are excited to welcome several new sponsors to the club, Gravity Active Entertainment (gravity-global.com), 123 Yoga Tree (123yogatree.co.uk), Lowers Risk Group (lowersriskgroup.com) and Kings Summer Homes Ltd.

As the club continues to expand and grow, we now

have THIRTY FOUR affiliated teams we are looking for a home to call our own. Any landowners in the village that would be willing to work with us to provide a football facility for all - we'd love to hear from you.

Chris Brown - Chairman
07540753894 - chris@horsfordfc.co.uk

MESSAGE FROM CLLR STARLING AND CLLR THOMAS

First 60 days - what an incredible first 3 months we've had!

Firstly, thank you so much for all your support during the election and we were both humbled by the margin of the victory and the reception we had received on the doorsteps, so thank you again.

Now the real work has begun and it's been a very busy beginning. The first few weeks as a new Councillor is a bottle neck of follow ups from issues

raised, training at Broadland District Council, meetings to attend left right and centre and this coupled with working full time.

The one thing we will always look to do is stay in contact and report back to residents, via our Facebook page (@Lisaanddavebdc) or our latest Focus leaflets that will be coming through your doors throughout the year as well as attending or providing reports to the local Parish Councils.

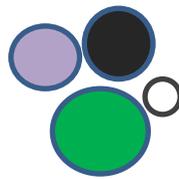
With highlights of a fly infestation in and around the village, traffic and new builds we are in for a very busy 1st year. If we can ever help with anything, please do not hesitate to get in contact with us.

Cllr Lisa Starling

cllr.lisa.starling@broadland.gov.uk
07885511285

Cllr Dave Thomas

Cllr.dave.thomas@broadland.gov.uk
07903 820 140



ROUNDWOOD INDOOR BOWLS CLUB

OPEN DAY

SATURDAY 21ST SEPTEMBER

10.00 AM - 2.00 PM

ROLL UP FOR A FREE TRY

TEL: 262746 or 744786

(Bob) (Roger)

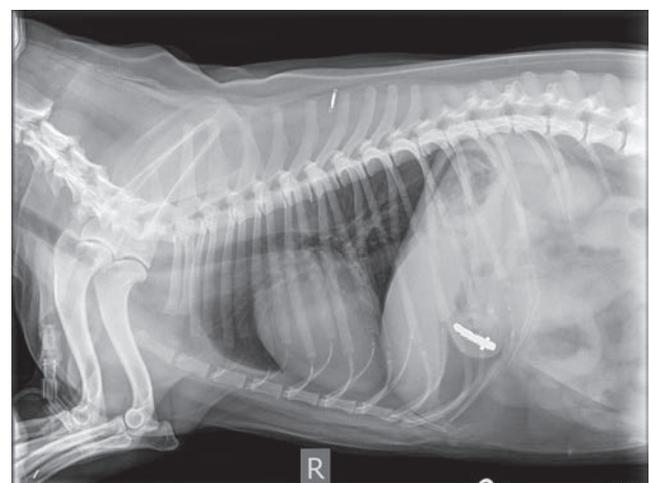
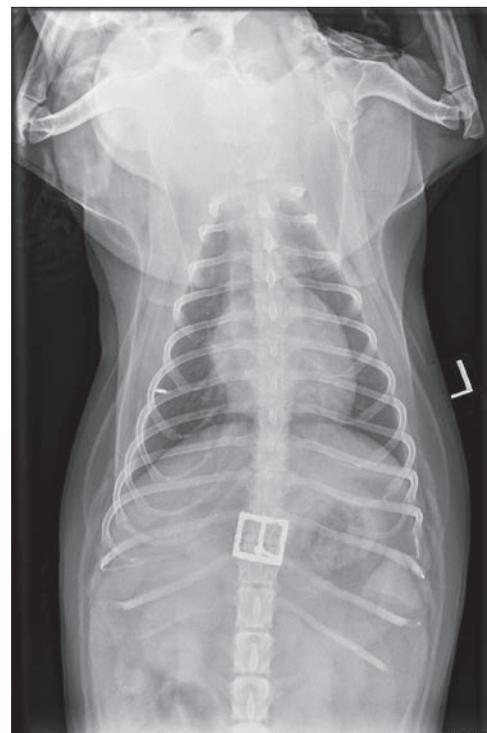
*For More Information
And/Or To Book Your Place*

Lola presented to Taverham Veterinary Hospital with a history of lethargy, vomiting and diarrhoea. Our night team examined Lola and found that her skin, eyes and gums were yellow and her heart rate was elevated.



One of our vets, Jordan, took over Lola's care during the day and with permission from Lola's loving owners, he investigated the cause of Lola's clinical signs. In house tests found that her red blood cell concentration, which should be around 37-55%, was around 14%. Abdominal ultrasound and chest x-rays were performed to rule out any causes of the red blood cell destruction and that is when we were all very surprised at what we found. The X-rays revealed a belt buckle present in Lola's stomach! On close inspection the surface of this belt buckle appeared to have been eroded by the stomach acid. This had caused Zinc toxicity making Lola very poorly. Zinc toxicity is rare but when it happens the red blood cells are damaged by the zinc and then rupture or become destroyed. Lola required an emergency blood transfusion to help stabilise her condition before she underwent surgery to remove the belt buckle. Lola was found to have a positive blood group and therefore Jordan searched our donor book for a positive blood type dog. Luckily for Lola, our vets dog Basil was a match. Basil was a real hero and donated a unit of blood for Lola. As soon as her transfusion

had finished, Lola underwent a procedure under a general anaesthetic to remove the offending item. This procedure was performed by Helen – also a clinical director with further qualifications in endoscopic procedures. Helen was able to remove the belt buckle endoscopically (using a flexible camera and instruments via the mouth) which was great news for Lola as it meant avoiding the need for invasive abdominal surgery. Lola is recovering well since being discharged from our care and her red blood cell concentration is currently 40%. Lola is still undergoing close monitoring and we are slowly reducing all her medications.



Taverham Veterinary Hospital are very thankful to Lola's owner for bringing in an amazing personalised cake as a thank you!

Useful information

Contact Organisation & name	Contact	Contact Organisation & name	Contact
Horsford Church Room Booking		Medical Surgeries	
Becky Blyth	891433 07768629751 beckyblyth@sky.com	St Faiths	898235
Horsford Village Hall bookings		Drayton	867532
Diane Baxter	893900	Horsford	897766
Horsford Bowls Club Secretary		Prescriptions	898300
Malcom Makins	891422	Horsford Dental Practice	898002
Horsford Youth Football Club		Clerk to the Parish Council -Mr J Graves	898621
Stephen Vincent	898147	County Services	
2nd Horsford & St. Faiths Guides		Police – non emergency	101
Jenny Reynolds	890063	Crime stoppers	0800 555111
1st Horsford Rainbows Rachelle Margitson Verity Fenwick	929935/07948085517 07824661105	Broadland District Council	0844 8008020
rachellemargitson75@gmail.com Ragan Barrett	07766660500	Anglian Water - Emergencies	03457 145145
Horsford 3rd & St. Faiths 1st Brownies		Electricity - Emergencies	0800 7838838
Carole Smith	890657	Gas - Transco Emergency Service	0800 111999
Horsford 4th & St. Faiths Brownies	closed	Meals on Wheel	0788 7800502
1st Horsford & St. Faiths Scouts Group		Humanist Celebrant	
Mike Gleeson - Group Scout Leader gsl@hsfscouts.org	891269	Chris Copsey	710262
New members please email -: treasurer@hsfscouts.org		Methodist Church Horsford Rev. Mary Sachikonye	411295
Horsford Social Club Jackie Carter - Secretary	787329	All Saints Church Horsford	
Horsford British Legion (Men) Mr Rob Beall	868272	Church warden Wendy Tooby	897240
Horsford Players		Revd Margaret McPhee revmargaretmcphee@gmail.com	893108
Pat Wright	898634		
Horsford Afternoon WI		<p>The Horsford News takes no responsibility for the reliability and accuracy of content made by contributors and/or advertisers. These contact details will be published at least once a year. The accuracy of these are not guaranteed and are reliant on contacts and organisations keeping the Editor informed.</p> <p>The Horsford News welcomes article content and advertisers. Please contact the Editor for more details.</p> <p>This magazine is now in its 40th year! The next issue will be out in February 2019 Closing date for Copy will be October 8th 19</p> <p>Articles and adverts for insertion can be sent to The Editor by email as PDF or MS Word format (preferred) to TheHorsfordnews@btinternet.com, Lisa Starling, 35 Gordon Godfrey Way (the end of Gordon Godfrey Way) Horsford, NR10 3SG.</p> <p>Articles should include the name of the writer and where appropriate their title in the organisation. Any Letters to the Editor can be published as 'Name and address withheld' at the discretion of The Editor.</p> <p>The Horsford News is a not-for-profit community magazine - Voluntarily produced – thank you for your continued support.</p>	
Penny Brunt	897665		
Norfolk County Cricket Club			
Manor Park Horsford	424635		
Schools			
St Faith VC First School			
Mr John Marshall-Grint - Head	898353		
Horsford Pre School & Giggletots			
Michelle Cory - Manager	890811		
Marie Hall Chairperson@horsfordpreschool.co.uk			
Horsford Primary School			
Ashley best-White - Head	898348		
	897938		
Hellesdon High School			
Mr J Batty	424711		
Taverham High School			
Mrs C Dallas	860505		



Coach Excursions With IC Travel!

Pick-ups & parking from Taverham with our new Mercedes coaches!

Fully escorted trips – Fast, friendly direct service!

Coach Hire and Private Hire for Airport transfers etc. with 7, 16, 33 and 53 seater executive vehicles

Aug 2019

Wed 7th Aug	Wembley Stadium Tour & Designer Outlet	8am	Adult £45 or £30, Senior £40/£30 Child £25/£15
Thurs 8th Aug	Floral Art & Design Show – London	7am	£45
Mon 12th Aug	Canterbury Day Out	7.30am	£36
Thurs 15th Aug	Newark Antiques Fayre	7am	£35
Fri 16th Aug	Birdfair	tbc	£37
Sat 17th Aug	Shuttleworth Proms	1pm	£62/£46
Fri/Sat/Sun/Mon 23 rd /24 th /25 th /26 th Aug	Ed Sheeran – Ipswich – Travel only	tbc	£20

Sept 2019

Monday 2nd Sept	Woodbridge & River Deben Cruise	8am	£36
Tues 3rd Sept	RHS Wisley Flower Show	7.30am	£40 (RHS £30)
4 th – 8th Sept	Isle of Wight 5-Day Break	tbc	from £480
Wed 11th Sept	Lion King	8am	£70
Thurs 12th ept	Burghley House	9am	£40
Fri 13th Sept	Canal Cruise Lunch & Bakewell	7am	£60
Sunday 15th Sept	Leeds Castle Flower Festival	7.30am	£45
Wed 18th Sept	Cromer Pier Summer Show	11am	£35
Thurs 19th Sept	Highgate Cemetery & Lunch	8am	£60
Fri 20th Sept	Hampton Court Palace	8am	£45
Sat 21st Sept	Duxford Battle Of Britain Air Show	9am	£52/£42
Sun 22nd Sept	Chatham Dockyard 40's Day	8am	£45
Mon 23rd Sept	Spencer House & Cream Tea St. James's Place – London	8am	£57
Tues 24th Sept	Bruges Day Trip	4am	£55
Wed 25th Sept	Chihuly at Kew – Glass Exhibition	8am	£50
Thurs 26th Sept	Buckingham Palace & Royal Mews	8am	£60
Fri 27th Sept	London Zoo	8am	£50 NEW!!
Sat 28th Sept	Only Fools & Horses Dining Exp British Museum/Oxford Street	8am	£75 £28
Sun 29th Sept To Thurs 3rd October	Lake District Autumn Break	7am	from £490

IC Travel— 39 The Street, Ringland, Norwich NR8 6AB

01603 868680

See a full list of trips at www.ictravel.co.uk

Request your free 2019/20 brochure!





CONSERVATORY OUTLET INDOOR SHOWROOM

OPEN 7 DAYS A WEEK!

(OPPOSITE ASDA IN HELLESDON)

Free
Survey
and Quotation

GENUINE
SAVINGS
NOW!

UP TO **40% OFF**

**WINDOWS, DOORS
& CONSERVATORIES**

"I strongly recommend to anyone thinking of a garden room that they visit Amber's showroom. It helped us immensely when deciding on our orangery, as all of the models on show are fully furnished, and we could see the quality and visualise how it would look when it was installed at our home."

Mrs E, Taverham

ONLY £99 DEPOSIT

**BUY NOW
PAY NOTHING UNTIL
2020**

and pay no interest on your order*

*Credit is provided subject to application and status, terms and conditions do apply



Our state of the art indoor Norwich Showroom is almost 5000ft² and is packed with exciting conservatories, orangeries, windows, doors and more!

We've installed, decorated and furnished our conservatories, orangeries and garden rooms so there are room settings where you can sit and imagine the lifestyle space and luxury we will add to your home.

You can view roof systems including lanterns, glass & solid roofs and lots more.



DOWNLOAD
YOUR FREE
BROCHURES
TODAY

CONSERVATORIES | SOLID ROOFS | ORANGERIES | WINDOWS

PATIO DOORS | PORCHES | GARDEN ROOMS | BIFOLDING DOORS | FRONT DOORS | ROOFLINE

TEL: 01603 672638

**52 HELLESDON PARK INDUSTRIAL ESTATE,
NORWICH, NORFOLK NR6 5DR**

WWW.AMBERHOME.CO.UK

